

2003 CBI Facilitator Questionnaire Results

Submitted by
North Carolina Department of Correction
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INTRODUCTION:

In 1987, Robert Ross and Paul Gendreau published an article entitled *Revivification of Rehabilitation: Evidence from the 1980's*, which analyzed and discussed the characteristics of effective programs that reduce recidivism. According to this research study, one common characteristic that exists among successful programs is a technique, component, or approach that has an impact on the offender's cognition or thinking. Cognitive behavioral intervention (CBI) programs are based on the principle that thinking (an internal behavior) controls overt actions (external behavior). Therefore, through CBI programs, offenders learn new skills and new ways of thinking that can lead to changes in their behavior and actions, and ultimately affect their criminal conduct.

In 1998, the North Carolina Department of Correction adopted the CBI approach as the cornerstone of its rehabilitative programs and services. Since that time, over 400 facilitators have been trained to deliver the CBI programs in North Carolina. CBI is currently delivered to offenders both in prison facilities and in community settings

In 2002, the North Carolina Department of Correction, Office of Research and Planning, obtained grant funding through the Governor's Crime Commissioner to conduct an evaluation of the CBI program. Within the next two years, the Office of Research and Planning will be conducting both a process and outcome evaluation of the CBI program. A process evaluation is the first step for a program. This type of evaluation is usually conducted after the program is stable, usually after at least 12 months of operation. It describes whether the right services are being offered to the right offenders in the right amount to achieve program objectives. An outcome evaluation describes whether the desired short-term intermediate effects have occurred (e.g. no new crimes/violations while in the program).

The CBI program evaluation focuses on:

1. Whether the CBI program is being delivered as designed;
2. Whether the program is reaching the desired population;
3. Whether the program works to change attitudes and behaviors;
4. Whether the program has an impact on intermediate outcomes (e.g. prison infractions, probation violations);
5. Whether the program is maximizing the available resources; and
6. Best practices and areas for program improvement.

DESIGN AND METHODOLOGY:

The CBI program evaluation design is based on the program logic model which analyzes a program's plan to link specific activities to specific intended outcomes.

The case study method is being applied to the evaluation, involving an assessment of program activities and other data collection. A portion of this data collection involves surveys of CBI facilitators and master trainers.

A 22 question survey was developed by the Office of Research and Planning in cooperation with a focus group composed of CBI Master Trainers who have extensive experience in facilitating CBI groups, as well as additional training and experience using CBI principles (see appendix E for a copy of the CBI Facilitators Questionnaire).

During March 2003, these questionnaires were sent to the 430 trained CBI facilitators and master trainers in North Carolina who have attended CBI training in order to offer CBI courses to offenders. This population represented persons employed at a variety of sites including the Division of Prisons, Division of Community Corrections, Division of Alcoholism and Chemical Dependency Programs, Community Colleges, and other public and private settings. The questionnaires were mailed out March 13 and March 19, 2003, with a response requested by March 31, 2003. As of April 4, 2003, only 33% of the facilitators had responded. Therefore, a reminder notice was sent to the non-respondents on April, 8, 2003, resulting in an additional 107 responses.

FINDINGS:

Responses to the questionnaire were collected and analyzed. Of the 430 questionnaires sent out, a total of 205 (48%) persons responded. (See appendices A - D for details of all responses.)

The CBI Facilitator Questionnaire forms were mailed to 19 CBI master trainers in North Carolina. Master trainers are those facilitators who assist with and are actively involved with the training and mentoring of the less experienced CBI facilitators. In order to be a master trainer, one must have two years or more experience in CBI based group instruction/intervention and have completed at least one of the approved master trainer seminars. Of the 19 master trainers, 17 (89%) responded to the CBI Facilitator Questionnaire.

There were several significant correlations noted from the survey responses. A correlation coefficient (expressed as "r") is a statistic that helps us to understand relationships between two variables. This relation is summarized as a numerical value that ranges between -1.00 and + 1.00. A correlation coefficient cannot tell us that the value of one variable has resulted because of the value of the second variable. Therefore, correlations cannot be used to make any statement about causation, but simply that a relationship exists.

Stated with the correlation coefficient is the probability of the relationship occurring by chance (probability or “p”). For example, a probability level of .01 means that chance alone might have produced the same pattern of results one time in 100. A probably level of $p < .01$ is desirable for confidence in the findings.

The average facilitator has attended training between 13 and 24 months prior to the survey date. A significant correlation was noted between question number one, “How long have you been a trained CBI facilitator?” and several other responses. These correlations would imply that the longer a facilitator has been trained, the more groups they can be expected to facilitate, the more likely they are to conduct orientation for their agency, the more comfortable they are in facilitating groups and the more likely they are to use CBI techniques in their own personal life.

Statistically, the length of time the individual had been a trained facilitator positively correlated with:

- how many groups they had facilitated ($r = .604, p < .01$)
- whether the person had conducted a CBI orientation for their agency ($r = .277, p < .01$)
- comfort in facilitating groups ($r = .247, p < .01$), and
- use of CBI techniques in their personal life ($r = .184, p < .01$)

The selection process for the facilitator to attend training had several significant correlations. Question number two asked, “How were you selected to become a CBI facilitator?” Significant correlations were found between the type of selection (volunteer or chosen by employer/facility) and other question responses. For example, those who were chosen by their employer/facility (as opposed to volunteering):

- were less interested in attending a refresher course ($r = .224, p < .01$)
- were more likely to disagree that CBI makes a positive difference in participants’ thinking and behavior ($r = .198, p < .01$)
- felt less comfortable facilitating a CBI group ($r = .217, p < .01$)
- were less likely to facilitate CBI groups in the future ($r = .256, p < .01$) and
- were less interested in facilitating a CBI aftercare group ($r = .217, p < .01$)

The implication of these correlations is that the process used initially to select the CBI facilitator may impact the facilitator’s attitude and performance regarding CBI. Therefore, the selection process should follow the CBI Standard Operating Procedures (SOPs) qualifications for a CBI facilitator in ensuring that the facilitator has a “strong desire to conduct CBI groups within the correctional environment.”

The average facilitator has a bachelor’s degree. All facilitators held at least a high school degree or GED. Of the respondents, 99% had some college.

The average facilitator has conducted between one and five CBI groups. Eighty (80) of the respondents have never conducted a CBI group; 13 have conducted 16 or more groups; and 36 were currently conducting a group. Thirty-nine of the facilitators stated they have conducted a CBI orientation for their agency or facility.

The majority (126) of the facilitators have conducted Thinking for a Change groups. Others CBI courses used by facilitators included Reasoning and Rehabilitation (2), Problem Solving Skills in Action (7), Choices and Changes (4) and “other” (2). The following is a brief description of the four approved curricula:

Thinking for a Change (TFAC) – The **TFAC** curriculum uses problem solving as its core enhanced by cognitive restructuring and social skill interventions. This curriculum is 22 lessons, offered 1-2 times per week for 1 1/2 to 2 hour sessions. The curriculum is appropriate for adult and/or youthful offenders. The cognitive restructuring concepts are introduced and emphasized during the initial eleven lessons, interspersed with critical social skills, which support the cognitive restructuring process. Then, in lessons 16-21, problem-solving techniques are taught, supported by cognitive self-change and social skill development.

Problem Solving Skills in Action (PSSA) – The PSSA curriculum teaches offenders basic social skills critical to effective problem solving. The curriculum is 8 lessons, and is ideally taught for one hour per session. It is recommended that the entire curriculum is taught within a 3-4 week time frame and each session is no more than 3-4 days apart. Problem Solving is appropriate for adult and/or youthful offenders. This curriculum was developed to meet the need for a short term training experience offered to relatively large groups of offenders (16-20 offenders). The scripted instructional unit (8 sessions) focuses upon skill acquisition while the transfer training (transfer coaching) component (6-10 weeks after completing instructional unit) emphasizes the importance of skill application.

Reasoning and Rehabilitation (R&R) – The R&R curriculum follows a psycho-educational approach using a variety of techniques such as role-playing, case studies, modeling demonstration, overviews and reading. The program schedule is 18 weeks and is offered 2 days a week for 2 hours each session. This curriculum is appropriate for adults and/or youthful offenders. There are a total of 39 sessions in the R&R program. The curriculum includes 9 modules: Problem Solving, Social Skills, Negotiation Skills, Managing Emotions, Creative Thinking, Values Enhancement, Critical Reasoning, Skills in Review, and Cognitive Exercises.

Choices and Changes (C&C) – The **Choices and Changes** curricula are based on the adult version of the Wisconsin THINK program. Choices and Changes use realistic stories, interactive exercises and role-plays to help offenders gain insight regarding their thinking, and practice pro-social skills. Both curricula are appropriate for offenders between 16-19 years old. The **Choices** curriculum is 15 lessons, offered 2-3 times per week for 1 1/2 hours each session. The Choices curriculum helps offenders recognize and begin to challenge thoughts and beliefs that lead them to incarceration and/or probation supervision. The **Changes** curriculum is 12 lessons, offered 2-3 times per week for 1 1/2 hours each session. The

Changes curriculum helps offenders develop pro-social skills in goal setting, anger management and social problem solving—skills that support the positive change begun in the Choices curriculum.

Of those responding, 138 (68%) stated they would be interested in attending a facilitator's refresher course. In describing their training needs, 31 (23%) said they would like additional training in all aspects of CBI and 9 (6%) said they would like a general refresher of CBI concepts. Other, more specific areas respondents would like training in included problem solving, cognitive self change, reasoning and rehabilitation, choices and changes, and various areas of group dynamics. Refresher training is being planned for September 2003.

In questions 11 – 22, respondents were asked to select the answer that best described their opinions regarding the statements given about CBI. The majority of respondent opinions about CBI were positive.

- 165 (82%) agree or strongly agree that *they have been adequately trained to facilitate CBI groups.*
- 147 (74%) agree or strongly agree that *CBI makes a positive difference in participants' thinking and behavior.*
- 140 (70%) agree or strongly agree that *they feel comfortable facilitating a CBI group.*
- 105 (53%) agree or strongly agree that *participants chosen for CBI groups are well screened to ensure they are appropriate for the group.*
- 162 (79%) agree or strongly agree that *they use CBI techniques and skills in their own personal life.*
- 65 (32%) agree or strongly agree that *they have facilitated a CBI group or groups without a co-facilitator (by themselves).* Facilitators are encouraged to use co-facilitators with groups for the purposes of role modeling, group observation and assistance. The lesson plans for Thinking for a Change call for two facilitators to engage in role plays.
- 150 (74%) agree or strongly agree that *overall, their facility/agency is supportive of the CBI program.* Significant correlations were noted regarding facility/agency support of the CBI program and the following other responses:
 - Question # 4 - # of groups facilitated ($r = .280, p < .01$)
 - Question # 6 - provision of agency/facility CBI orientation ($r = .186, p < .01$)
 - Question # 8 - interest in refresher course ($r = .244; p < .01$)
 - Question # 11 - adequately trained to facilitate CBI groups ($r = .286, p < .01$)
 - Question # 12 - CBI makes a positive difference in participant ($r = .317, p < .01$)
 - Question # 13 - comfort in facilitating a CBI group ($r = .365; p < .01$)

- Question # 14 - interest in becoming a CBI master trainer ($r = .244, p < .01$)
- Question # 15 - plan to facilitate future CBI groups ($r = .375, p < .01$)
- Question # 16 - screening of participants ($r = .322, p < .01$)
- Question # 17 - use of CBI in personal life ($r = .295, p < .01$)
- Question # 20 - CBI as part of routine workload ($r = .350, p < .01$)
- Question # 21 - need for CBI aftercare ($r = .278, p < .01$)
- Question # 22 - interest in facilitating aftercare ($r = .337, p < .01$)

The above correlations imply that the degree of support of the CBI program by the facility impacts several areas of the CBI program as well as the facilitators' attitudes about the CBI program. The number of CBI groups facilitated and the number of staff orientations held were higher in facilities that were supportive of the CBI program. The attitudes and opinions of facilitators whose facilities were supportive of the CBI program were more positive about CBI and those facilitators were more likely to plan to facilitate future CBI groups. These correlations highlight the need for facilities and agencies to be supportive of the CBI program.

- 92 (46%) agree or strongly agree that they *view CBI as a part of their routine workload (not as an extra duty)*. 48 had no opinion on this question and 62 (31%) disagreed or strongly disagreed that they *view CBI as a part of their routine workload (not as an extra duty)*. As noted above, there was a significant correlation between facility/agency support and the view of CBI as part of the routine workload; $r = .350, p < .01$. There were also significant correlations between view of CBI as part of the routine workload and the following:
 - Question # 4 - # of groups facilitated ($r = .222, p < .01$)
 - Question # 8 - interest in refresher course ($r = .302, p < .01$)
 - Question # 11 - adequately trained to facilitate CBI groups ($r = .199, p < .01$)
 - Question # 12 - CBI makes a positive difference in participant ($r = .340, p < .01$)
 - Question # 13 - comfort in facilitating a CBI group ($r = .397, p < .01$)
 - Question # 14 - interest in becoming a CBI master trainer ($r = .376, p < .01$)
 - Question # 15 - plan to facilitate future CBI groups ($r = .334, p < .01$)
 - Question # 16 - screening of participants ($r = .341, p < .01$)
 - Question # 17 - use of CBI in personal life ($r = .351, p < .01$)
 - Question # 21 - need for CBI aftercare ($r = .354, p < .01$)
 - Question # 22 - interest in facilitating aftercare ($r = .481, p < .01$)

In order for the CBI approach to truly become the “cornerstone of rehabilitative programs and services” as adopted by the North Carolina Department of Corrections in 1998, it must be considered *part of the routine workload (not as an extra duty)*. This variable goes hand-in-hand with the variable regarding *facility/agency support of the CBI program* as mentioned above. Facilities and agencies need to strive to improve the approach taken toward implementing the CBI program to ensure positive attitudes of staff. Orientation is key to fulfilling this goal. The *CBI Standard Operating Procedures* outline a plan for orienting

staff to CBI. Each agency/facility should follow these guidelines as stated: “During the staff orientation, CBI concepts and principles will be explained and staff will learn ways to support the implementation of the program at their facility or community corrections site. It is recommended that an orientation be conducted prior to the implementation of CBI at a facility or community corrections site.” Following the prescribed outline for the orientation could improve the staff attitude and agency/facility support of the CBI program.

- 127 (62%) of the total respondents agree or strongly agree that *there is a need for CBI aftercare groups as an on-going support for participants who have completed the initial CBI program.*
- 101 (50%) agree or strongly agree that *they would be interested in facilitating a CBI aftercare group.*

In comparing data from the three departmental divisions (Prisons, Community Corrections, and Alcoholism and Chemical Dependency Programs), several differences were noted. The following table best demonstrates this diversity in responses:

Survey Question	Prison Response	DCC Response	DACDP Response
2. How were you selected to become a CBI facilitator?			
Volunteered...	5 (10%)	33 (40%)	4 (22%)
Chosen by employer...	41 (84%)	47 (57%)	14 (78%)
Other...	3 (6%)	3 (4%)	0
3. What is your highest educational level? (Percent holding a bachelor's degree or higher)	59%	96%	61%
4. How many CBI groups have you facilitated? (# groups the majority of respondents have facilitated)	2-5 groups (48%)	None (48%)	None (39%)
12. CBI makes a positive difference in participants' thinking and behavior. (Agree or strongly agree)	76%	65%	94%
15. I plan to facilitate CBI groups in the future. (Agree or strongly agree)	75%	65%	88%
19. Overall, my facility/agency is supportive of the CBI program. (Agree or strongly agree)	80%	61%	94%
20. I view CBI a part of my routine workload (not as an extra duty). (Agree or strongly agree)	58%	32%	71%

Table 1

Complete data separated by divisions may be found in Appendices B – D.

SUMMARY:

Of the 430 trained facilitators surveyed, 205 (48%) responded. There were significant correlations noted between the selection process, facility/agency support and respondent opinions and attitudes toward CBI. For example, there were significant correlations between how the respondent was selected to attend facilitator's training, facility/agency support and interest in attending refresher training, views of the effectiveness of CBI, comfort in facilitating a CBI group, plans to facilitate future CBI groups, and interest in facilitating a CBI aftercare group.

Differences were noted between responses from the three departmental divisions of DOP, DCC, and DACDP. For example, the DOP facilitators were most likely to have been selected by their employers to attend facilitators' training and the DACDP facilitators were more likely to feel that their facility/agency was supportive of the CBI program. DACDP facilitators were also more prone to view CBI as a part of their routine workload (not as an extra duty) and were more likely to plan to facilitate CBI groups in the future. They also agreed more often that CBI makes a positive difference in participants' lives.

There appears to be a need for continuing CBI education for facilitators as well CBI orientation for other departmental staff. The CBI Standard Operating Procedures provide a sample outline and lesson plan for providing a comprehensive orientation to correctional staff and criminal justice professionals. This orientation would not only educate staff about CBI concepts and principles, but could be used to increase awareness of the need for integration of the CBI program within the corrections framework and to gain support of staff for the CBI program.

The majority of those responding, 138 (68%) stated they would be interested in attending a facilitator's refresher course. The majority of the respondents also believe there is a need for CBI aftercare. Half of those responding expressed an interest in facilitating CBI aftercare groups.

NEXT STEPS:

A refresher training is being planned for 2003 that will include training needs voiced in response to this survey.

Plans are being made to provide CBI orientations to departmental divisions during the summer of 2003, in order to provide basic information on CBI concepts as an attempt to increase support for the CBI program within the Department of Correction.

Planning has begun for implementation of a CBI aftercare program. Curricula are being reviewed for potential programs.

Site visits have begun and will continue to observe and evaluate on-going CBI groups both in prisons and in communities.

Review and analysis of participant demographic information, *Participant Interview Forms, Self Evaluations, and CBI Monitoring Forms* and *Participant Evaluation Forms* has begun and will continue.

A literature review focusing on intervention programs used in the correctional community including relevant current research, articles, books, and other publications regarding CBI programs and interventions has begun and will continue.

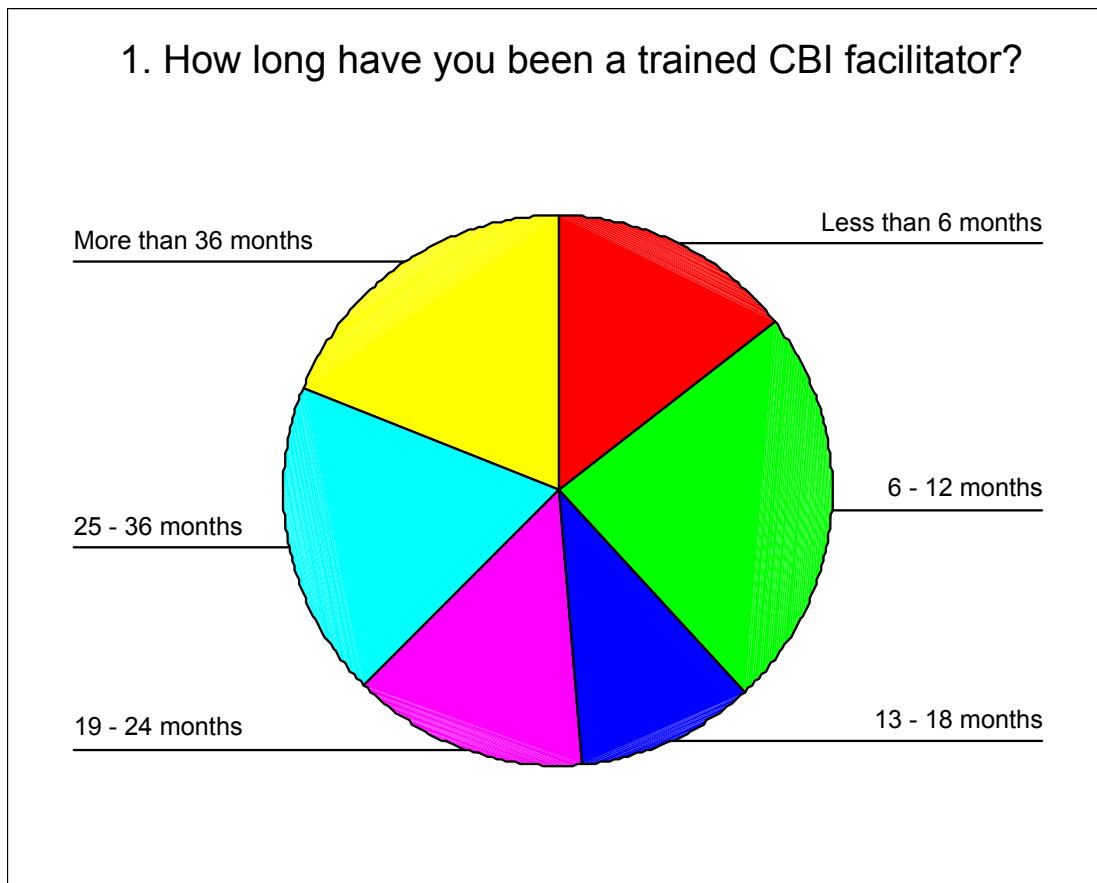
Feedback will be shared with CBI program staff and other departmental staff as appropriate.

THE FOLLOWING FREQUENCY TABLES AND CHARTS SHOW DETAILS OF THE RESPONSES TO THE EACH QUESTION IN THE CBI FACILITATORS' SURVEY:

* Missing "99" = response not provided by respondent
 * Missing "System" = Survey not completed by facilitator

1. How long have you been a trained CBI facilitator?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Less than 6 months	29	6.7	14.4	14.4
	6 - 12 months	48	11.2	23.8	38.1
	13 - 18 months	21	4.9	10.4	48.5
	19 - 24 months	28	6.5	13.9	62.4
	25 - 36 months	38	8.8	18.8	81.2
	More than 36 months	38	8.8	18.8	100.0
	Total	202	47.0	100.0	
Missing	99	3	.7		
	System	225	52.3		
	Total	228	53.0		
Total		430	100.0		

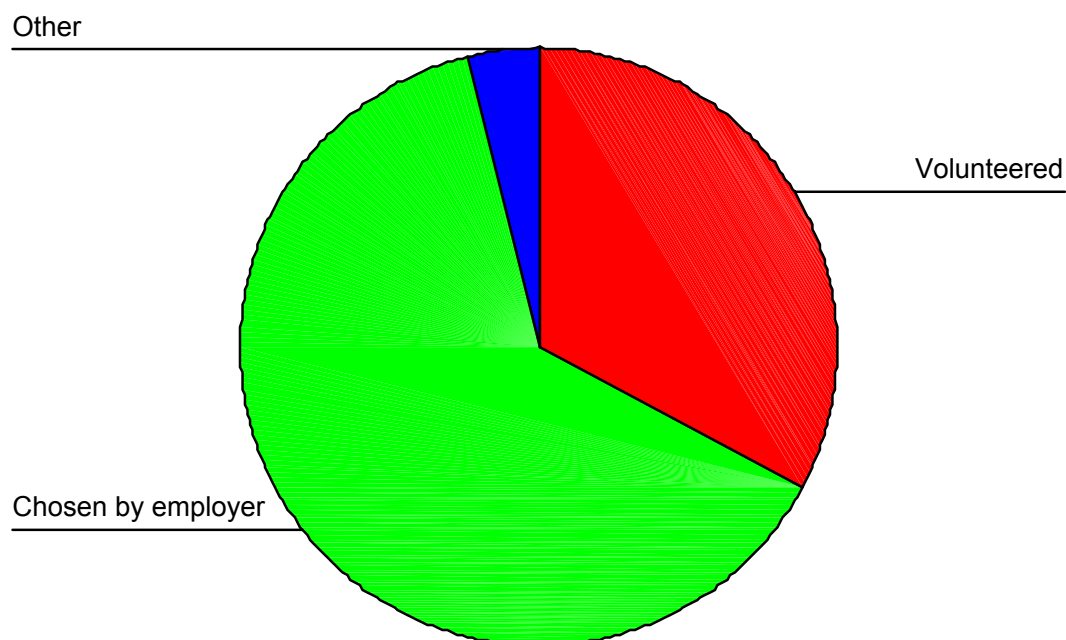


APPENDIX A

2. How were you selected to become a CBI facilitator?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Volunteered	67	15.6	32.8	32.8
	Chosen by employer/facility	129	30.0	63.2	96.1
	Other	8	1.9	3.9	100.0
	Total	204	47.4	100.0	
Missing	99	1	.2		
	System	225	52.3		
	Total	226	52.6		
Total		430	100.0		

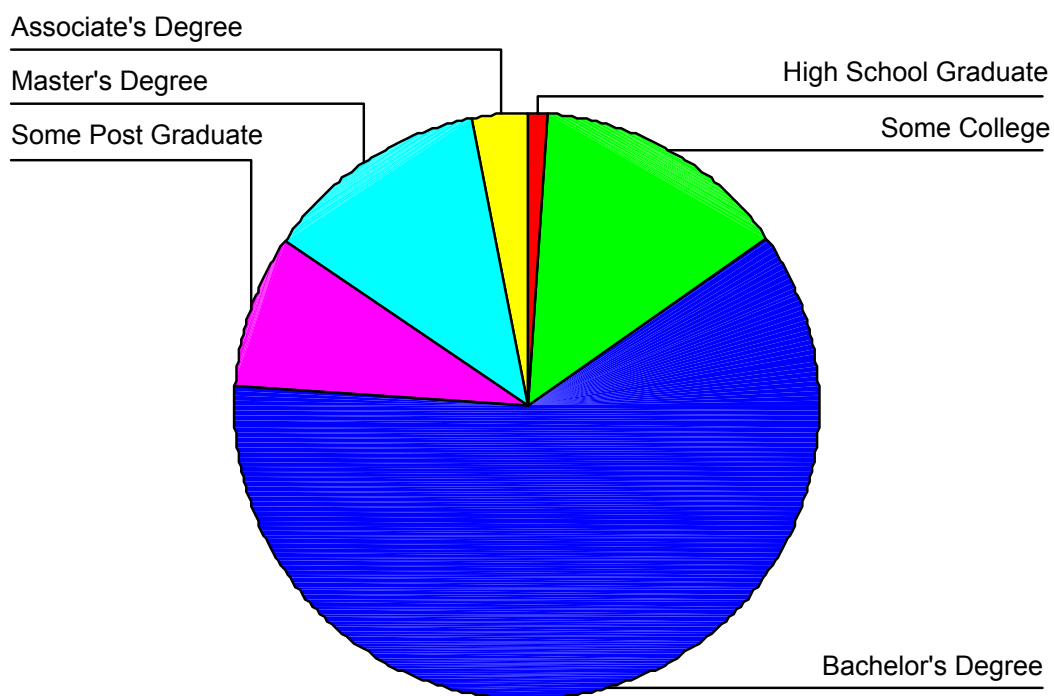
2. How were you selected to become a CBI facilitator?



3. What is your highest educational level?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	H S Graduate/GED	2	.5	1.0	1.0
	Some College	29	6.7	14.2	15.2
	Associate's Degree	6	1.4	2.9	18.1
	Bachelor's Degree	124	28.8	60.8	78.9
	Some Post Graduate School	17	4.0	8.3	87.2
	Master's Degree	26	6.0	12.7	100.0
	Total	204	47.4	100.0	
	Missing	99	1	.2	
Missing	System	225	52.3		
	Total	226	52.6		
Total		430	100.0		

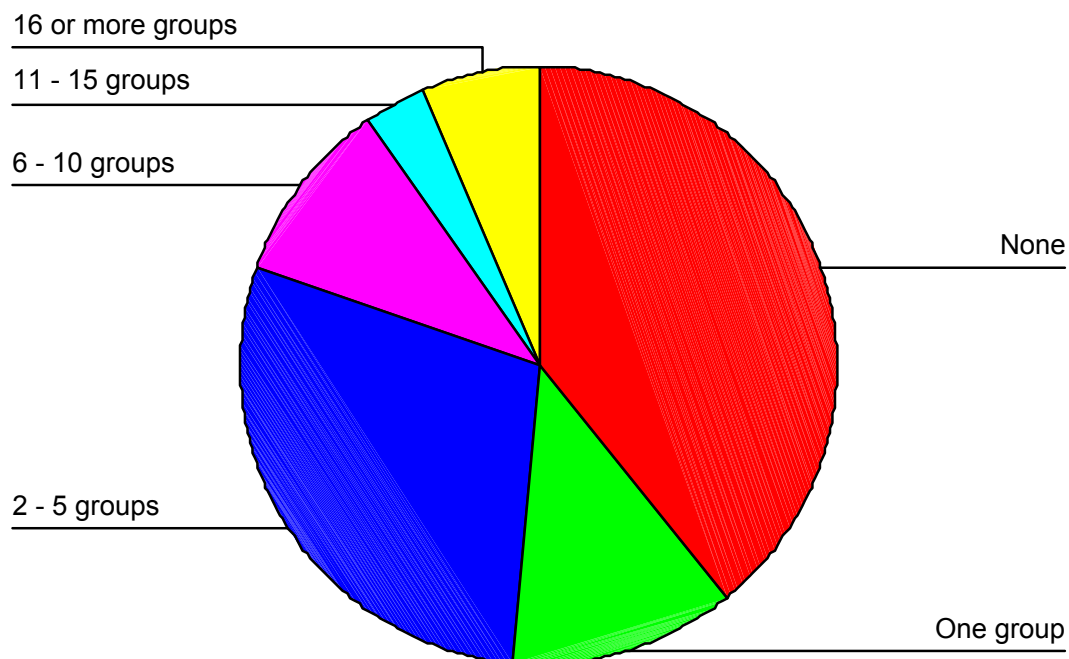
3. What is your highest educational level?



4. How many CBI groups have you facilitated?

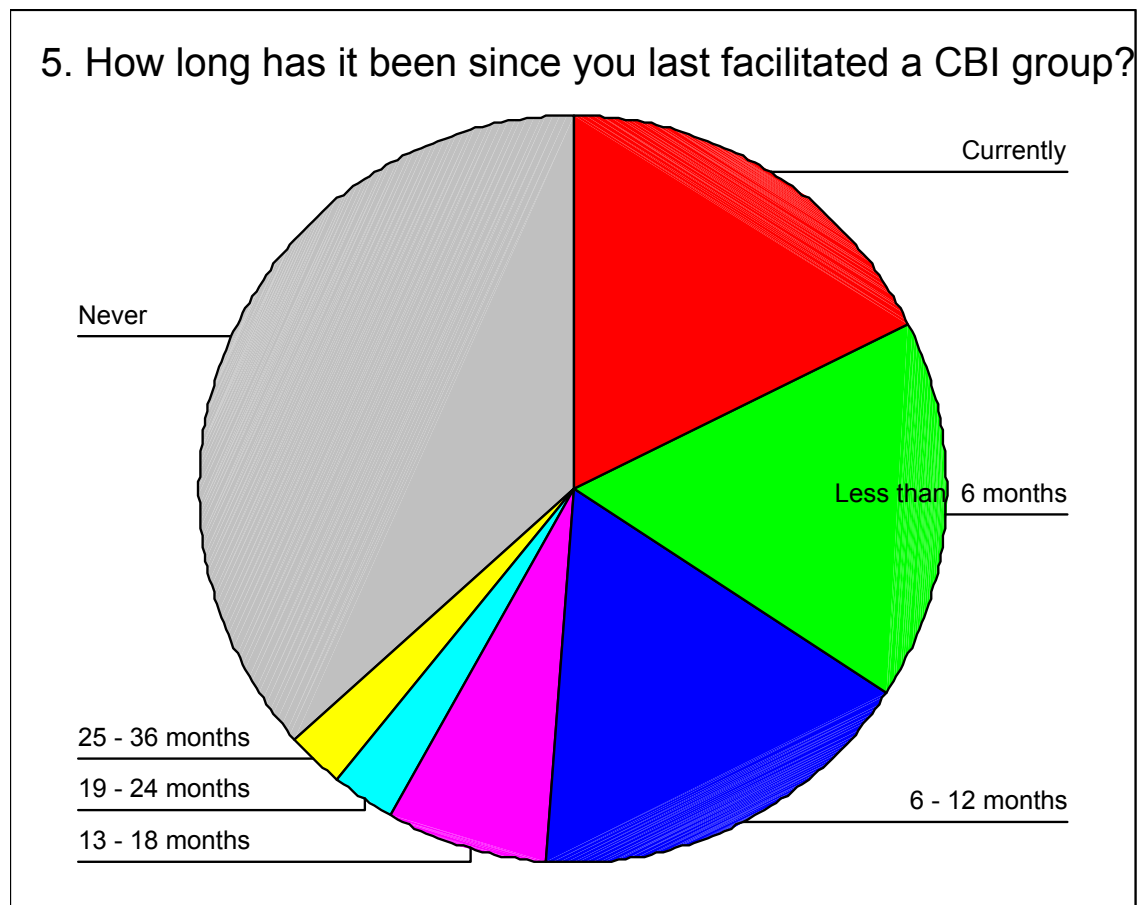
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	None	80	18.6	39.2	39.2
	One group	25	5.8	12.3	51.5
	2 - 5 groups	59	13.7	28.9	80.4
	6 - 10 groups	20	4.7	9.8	90.2
	11 - 15 groups	7	1.6	3.4	93.6
	16 or more groups	13	3.0	6.4	100.0
	Total	204	47.4	100.0	
Missing	99	1	.2		
	System	225	52.3		
	Total	226	52.6		
Total		430	100.0		

4. How many CBI groups have you facilitated?



5. How long has it been since you last facilitated a CBI group?

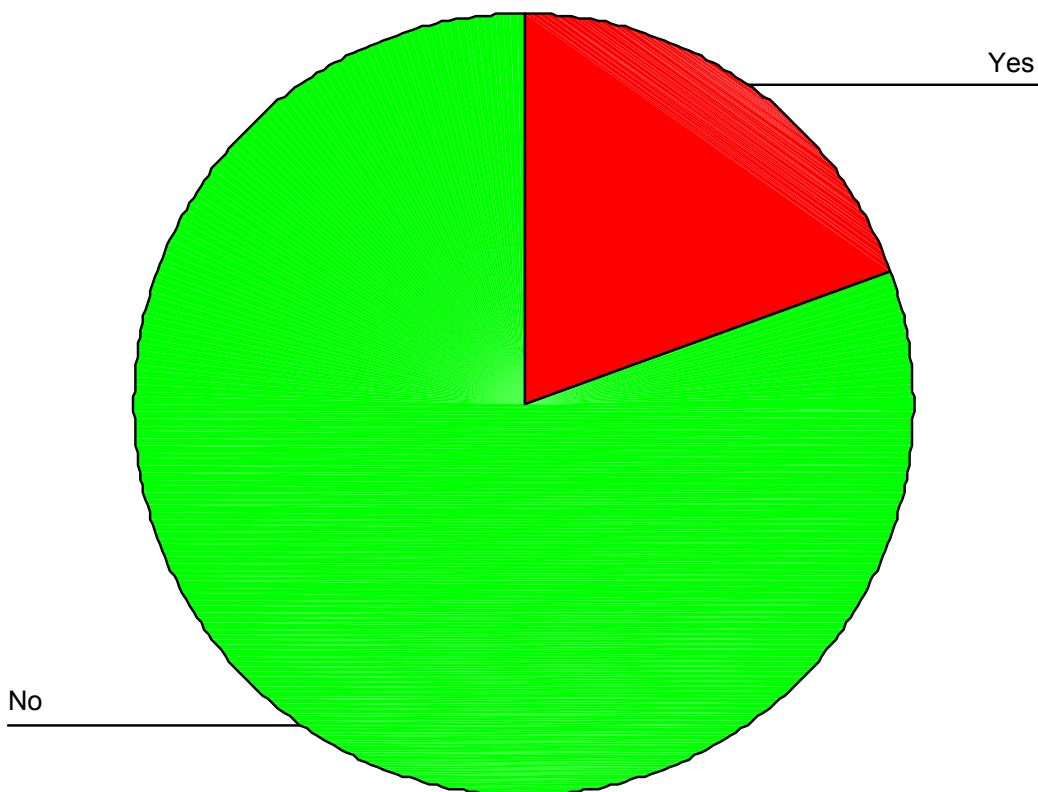
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Currently facilitating a group	36	8.4	17.8	17.8
	Less than 6 months	33	7.7	16.3	34.2
	6 - 12 months	34	7.9	16.8	51.0
	13 - 18 months	14	3.3	6.9	57.9
	19 - 24 months	6	1.4	3.0	60.9
	15 - 36 months	5	1.2	2.5	63.4
	Never	74	17.2	36.6	100.0
	Total	202	47.0	100.0	
Missing	99	3	.7		
	System	225	52.3		
	Total	228	53.0		
Total		430	100.0		



6. Have you conducted a CBI orientation for your agency or facility?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	39	9.1	19.4	19.4
	No	162	37.7	80.6	100.0
	Total	201	46.7	100.0	
Missing	99	4	.9		
	System	225	52.3		
	Total	229	53.3		
Total		430	100.0		

6. Have you conducted a CBI orientation for your agency?



7. What type CBI group(s) have you facilitated?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Thinking for a Change	119	27.7	59.2	59.2
	Choices & Changes	1	.2	.5	59.7
	None	72	16.7	35.8	95.5
	TFAC + PSSA	4	.9	2.0	97.5
	Reasoning & Rehab + Other	1	.2	.5	98.0
	PSSA + Choices & Changes	1	.2	.5	98.5
	TFAC + PSSA + Choices & Changes	1	.2	.5	99.0
	TFAC + PSSA + Other	1	.2	.5	99.5
	TFAC + R & R + PSSA + C & C	1	.2	.5	100.0
	Total	201	46.7	100.0	
Missing	99	4	.9		
	System	225	52.3		
	Total	229	53.3		
Total		430	100.0		

7. What type CBI group(s) have you facilitated?

TFAC + R&R + PSSA

TFAC + PSSA + Other

TFAC + PSSA + C&C

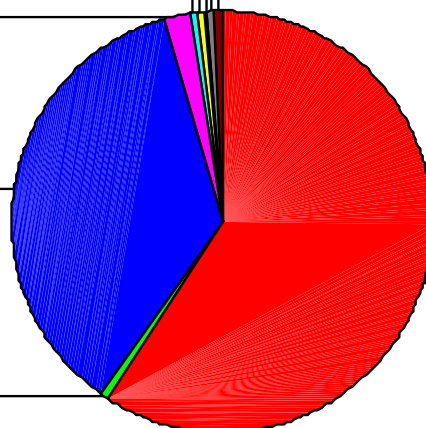
PSSA + C & C

R & R + Other

TFAC + PSSA

None

Choices & Changes



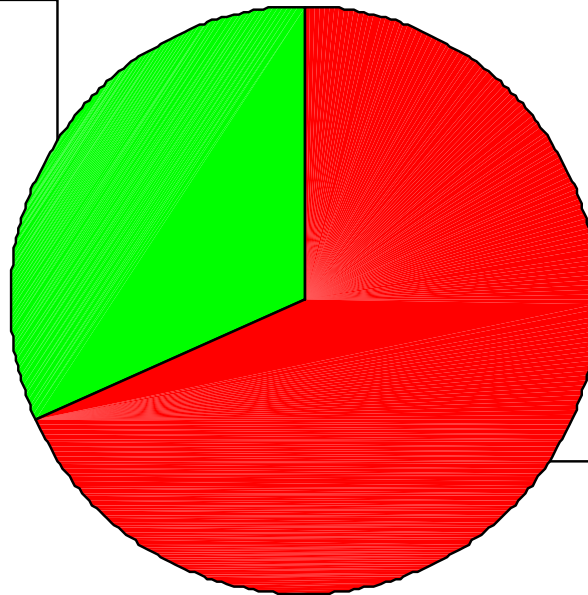
TFAC

8. Would you be interested in attending a facilitator's refresher course?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Yes	138	32.1	68.3	68.3
	No	64	14.9	31.7	100.0
	Total	202	47.0	100.0	
Missing	99	3	.7		
	System	225	52.3		
	Total	228	53.0		
Total		430	100.0		

8.Would you be interested in attending a facilitator's refresher...

No



Yes

9. In what CBI concepts are you the most knowledgeable?

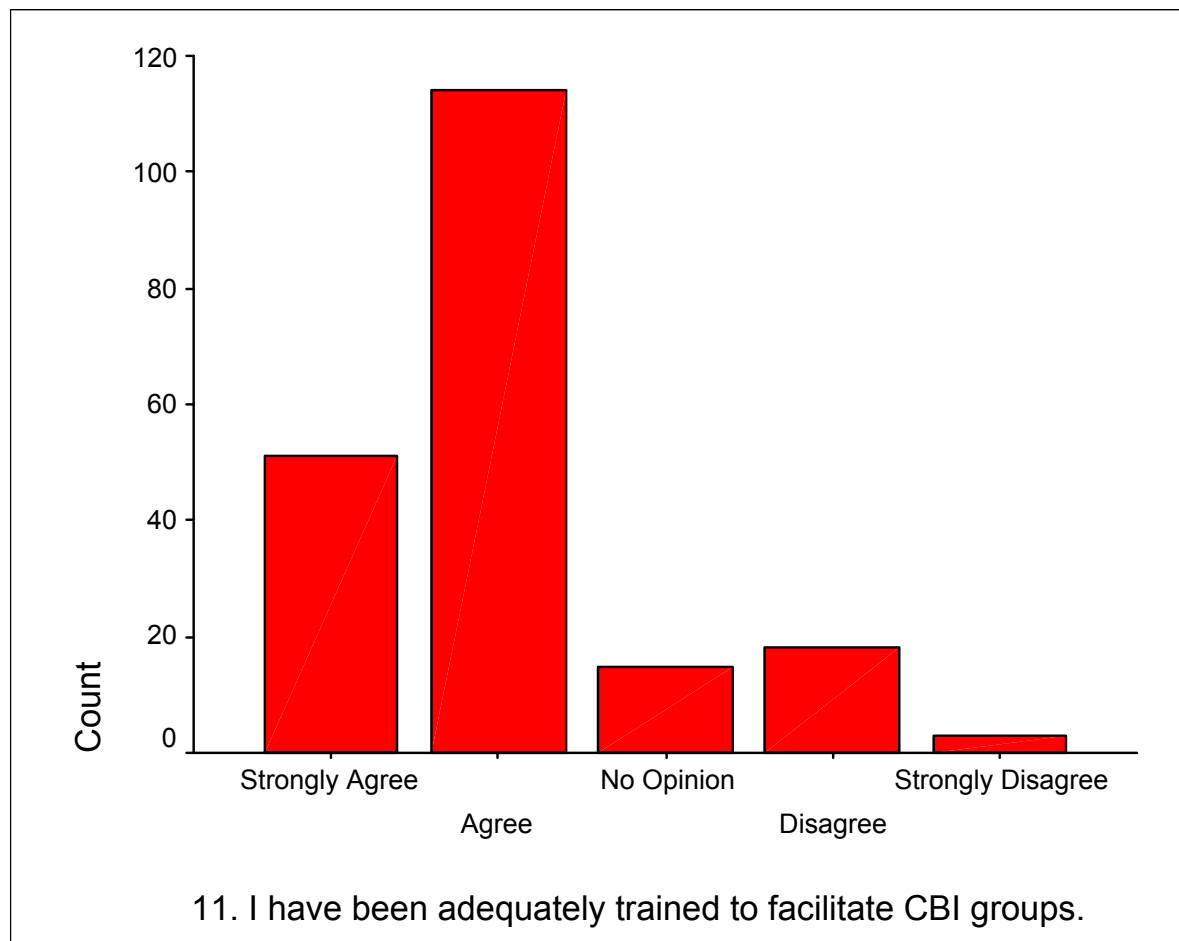
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Unknown	17	4.0	11.4	11.4
	Problem Solving	16	3.7	10.7	22.1
	TFAC	23	5.3	15.4	37.6
	Changing Negative Behavior	1	.2	.7	38.3
	Social Skills + Self Change	3	.7	2.0	40.3
	Social Skills	19	4.4	12.8	53.0
	Changing One's Self	1	.2	.7	53.7
	None	15	3.5	10.1	63.8
	All	14	3.3	9.4	73.2
	Stop & Think	2	.5	1.3	74.5
	Cognitive Self Change	4	.9	2.7	77.2
	Social Skills + Thinking Reports	3	.7	2.0	79.2
	Social Skills + Problem Solving	5	1.2	3.4	82.6
	Social Skills + Problem Solving + Role Play	1	.2	.7	83.2
	CJPP Program doesn't have funding for CBI	1	.2	.7	83.9
	Active Listening	1	.2	.7	84.6
	Social Skills + Conflict Cycles	1	.2	.7	85.2
	Thinking Leads to Behavior	5	1.2	3.4	88.6
	Taking Responsibility for Own Actions	1	.2	.7	89.3
	Preparing for Stressful Situations	1	.2	.7	89.9
	Still Brand New	1	.2	.7	90.6
	Thinking Ahead to Outcomes	1	.2	.7	91.3
	Problem Solving + Identifying Thoughts	1	.2	.7	91.9
	I am a Master Trainer	1	.2	.7	92.6
	Internal Control	1	.2	.7	93.3
	Problem Identification	1	.2	.7	94.0
	Thinking Reports	1	.2	.7	94.6
	Responding to Other's Feelings	3	.7	2.0	96.6
	Thinking Skills	2	.5	1.3	98.0
	Conflict Cycle + Choices & Changes	1	.2	.7	98.7
	No money for CBI	1	.2	.7	99.3
	Relapse Prevention	1	.2	.7	100.0
	Total	149	34.7	100.0	
Missing	99	56	13.0		
	System	225	52.3		
	Total	281	65.3		
Total		430	100.0		

10. In what CBI concepts would you most like additional training or information?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Unknown	10	2.3	7.4	7.4
	Refresher	9	2.1	6.6	14.0
	TFAC	3	.7	2.2	16.2
	All/Any	31	7.2	22.8	39.0
	None	25	5.8	18.4	57.4
	Cognitive Self Change	5	1.2	3.7	61.0
	Reasoning & Rehabilitation + Choices & Changes	6	1.4	4.4	65.4
	Choices & Consequences	1	.2	.7	66.2
	Problem Solving	19	4.4	14.0	80.1
	Opportunities to Teach/Facilitate Groups	2	.5	1.5	81.6
	Problem Solving + Choices & Changes	1	.2	.7	82.4
	Responding to Anger	1	.2	.7	83.1
	Master Training	1	.2	.7	83.8
	Responding to Anger + Taking Responsibility for Own Actions	1	.2	.7	84.6
	Problem Solving + Conflict Cycles	1	.2	.7	85.3
	Don't Have the Time	1	.2	.7	86.0
	Problem Solving + Cognitive Behavior	2	.5	1.5	87.5
	Getting Inmates to Role Play & Share Experiences	1	.2	.7	88.2
	All Officers Should be Trained in CBI	1	.2	.7	89.0
	Thinking Skills	3	.7	2.2	91.2
	Preparing for Stressful Conversation	1	.2	.7	91.9
	Reasoning & Rehabilitation	1	.2	.7	92.6
	Problem Solving + Responding to Anger	1	.2	.7	93.4
	Dealing with Resistance in the Classroom	2	.5	1.5	94.9
	Conducting Groups	2	.5	1.5	96.3
	Problem Solving + Assertiveness Training + Reasoning & Rehab	1	.2	.7	97.1
	Social Skills	1	.2	.7	97.8
	Understanding the Feelings of Others	1	.2	.7	98.5
	Using CBI with a 12 Step Program	1	.2	.7	99.3
	Thinking Reports	1	.2	.7	100.0
	Total	136	31.6	100.0	
Missing	99	69	16.0		
	System	225	52.3		
	Total	294	68.4		
Total		430	100.0		

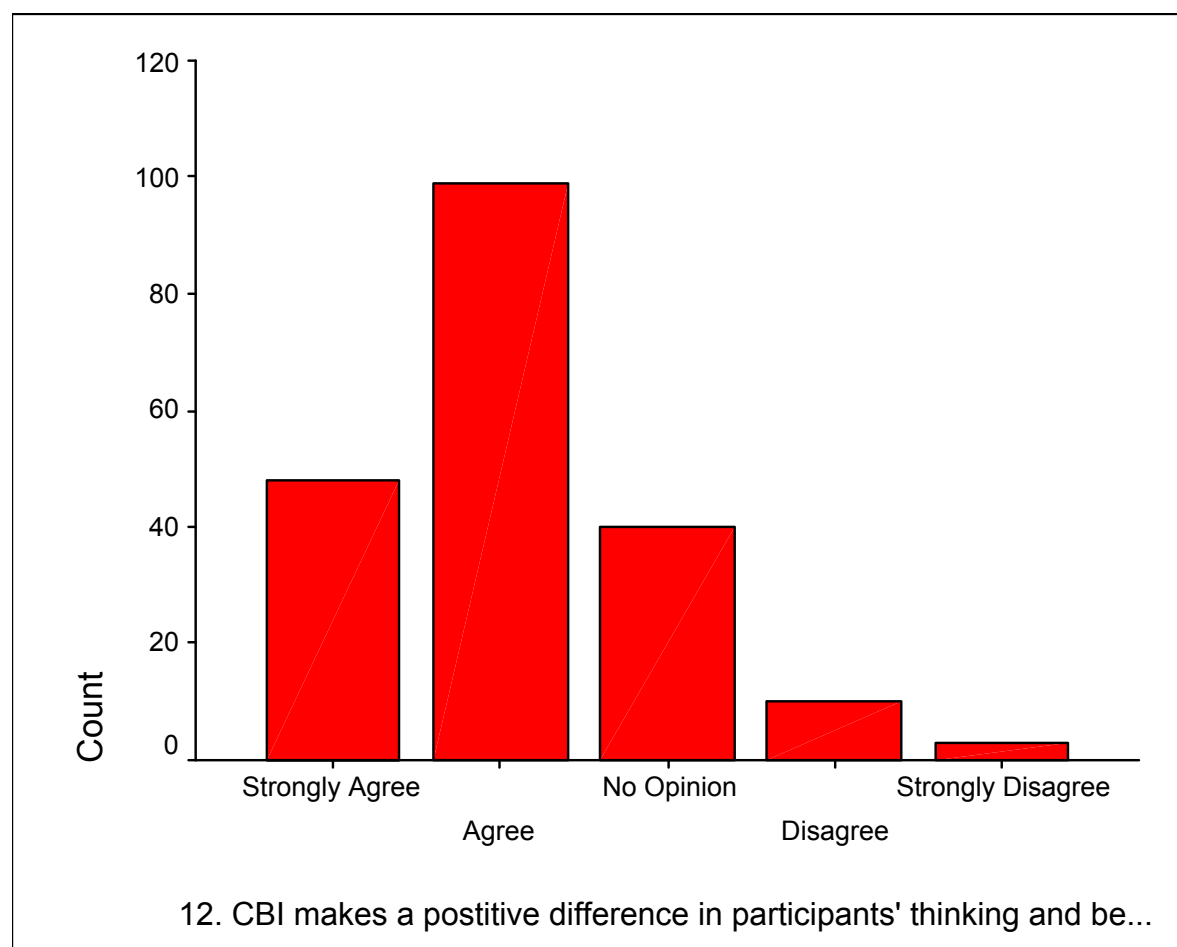
11. I have been adequately trained to facilitate CBI groups.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	51	11.9	25.4	25.4
	Agree	114	26.5	56.7	82.1
	No Opinion	15	3.5	7.5	89.6
	Disagree	18	4.2	9.0	98.5
	Strongly Disagree	3	.7	1.5	100.0
	Total	201	46.7	100.0	
Missing	99	4	.9		
	System	225	52.3		
	Total	229	53.3		
Total		430	100.0		



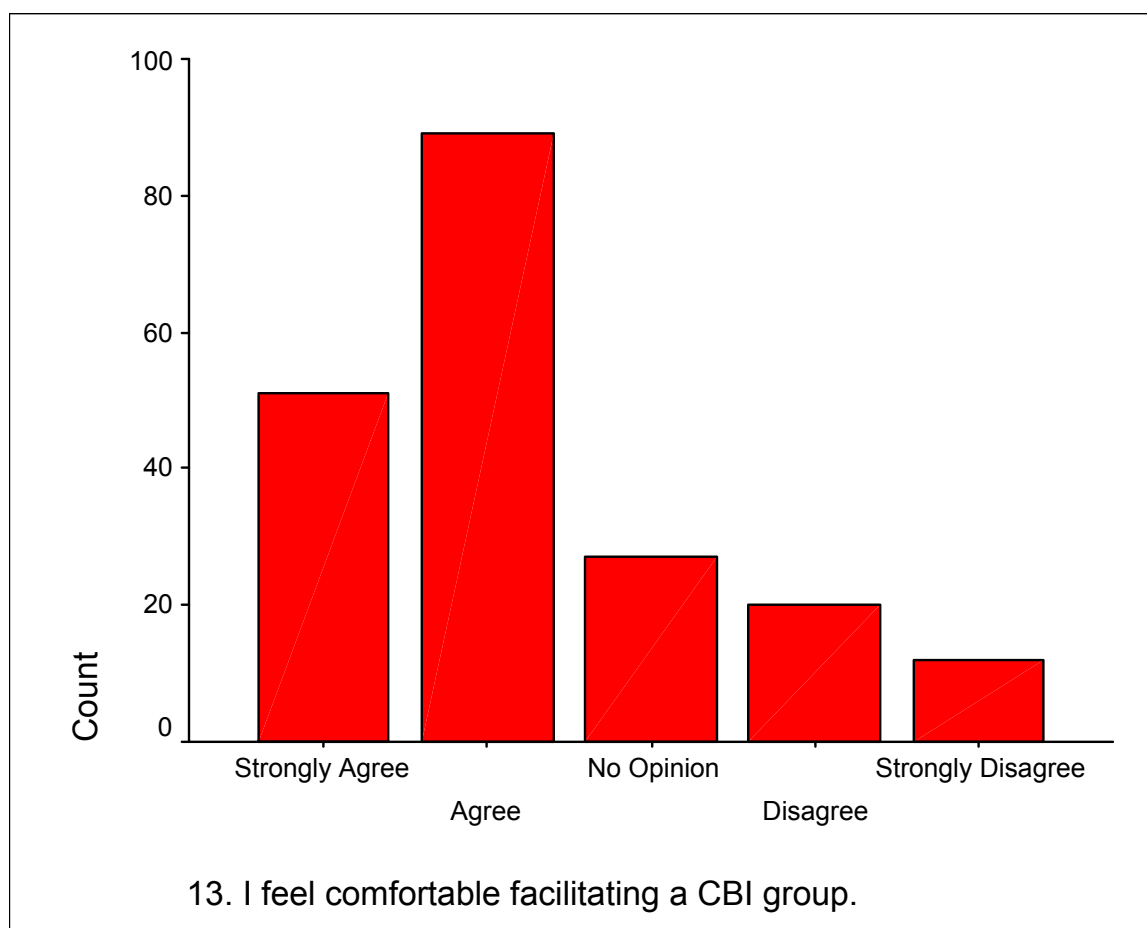
12. CBI makes a positive difference in participants' thinking and behavior.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	48	11.2	24.0	24.0
	Agree	99	23.0	49.5	73.5
	No Opinion	40	9.3	20.0	93.5
	Disagree	10	2.3	5.0	98.5
	Strongly Disagree	3	.7	1.5	100.0
	Total	200	46.5	100.0	
Missing	99	5	1.2		
	System	225	52.3		
	Total	230	53.5		
Total		430	100.0		



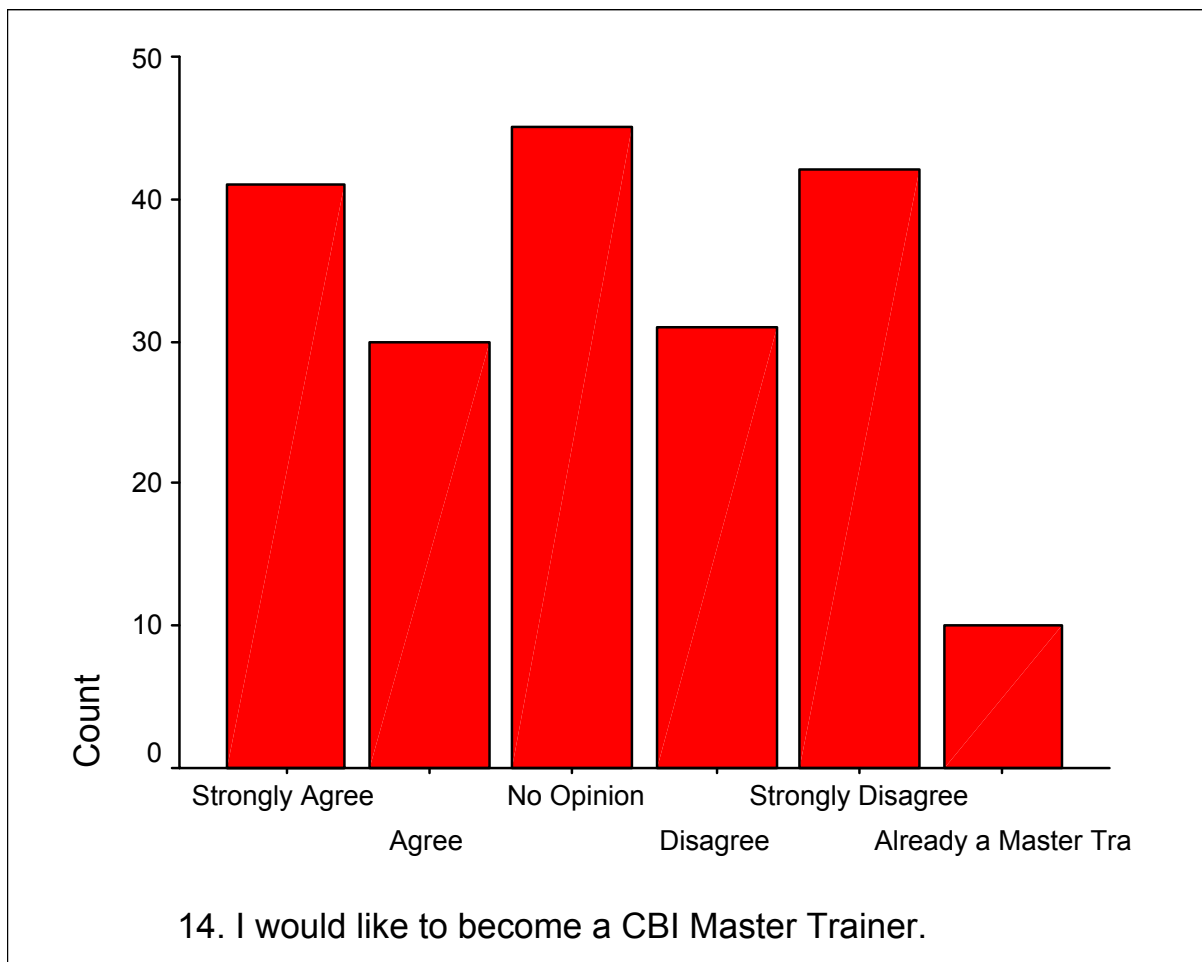
13. I feel comfortable facilitating a CBI group.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	51	11.9	25.6	25.6
	Agree	89	20.7	44.7	70.4
	No Opinion	27	6.3	13.6	83.9
	Disagree	20	4.7	10.1	94.0
	Strongly Disagree	12	2.8	6.0	100.0
	Total	199	46.3	100.0	
Missing	99	6	1.4		
	System	225	52.3		
	Total	231	53.7		
Total		430	100.0		



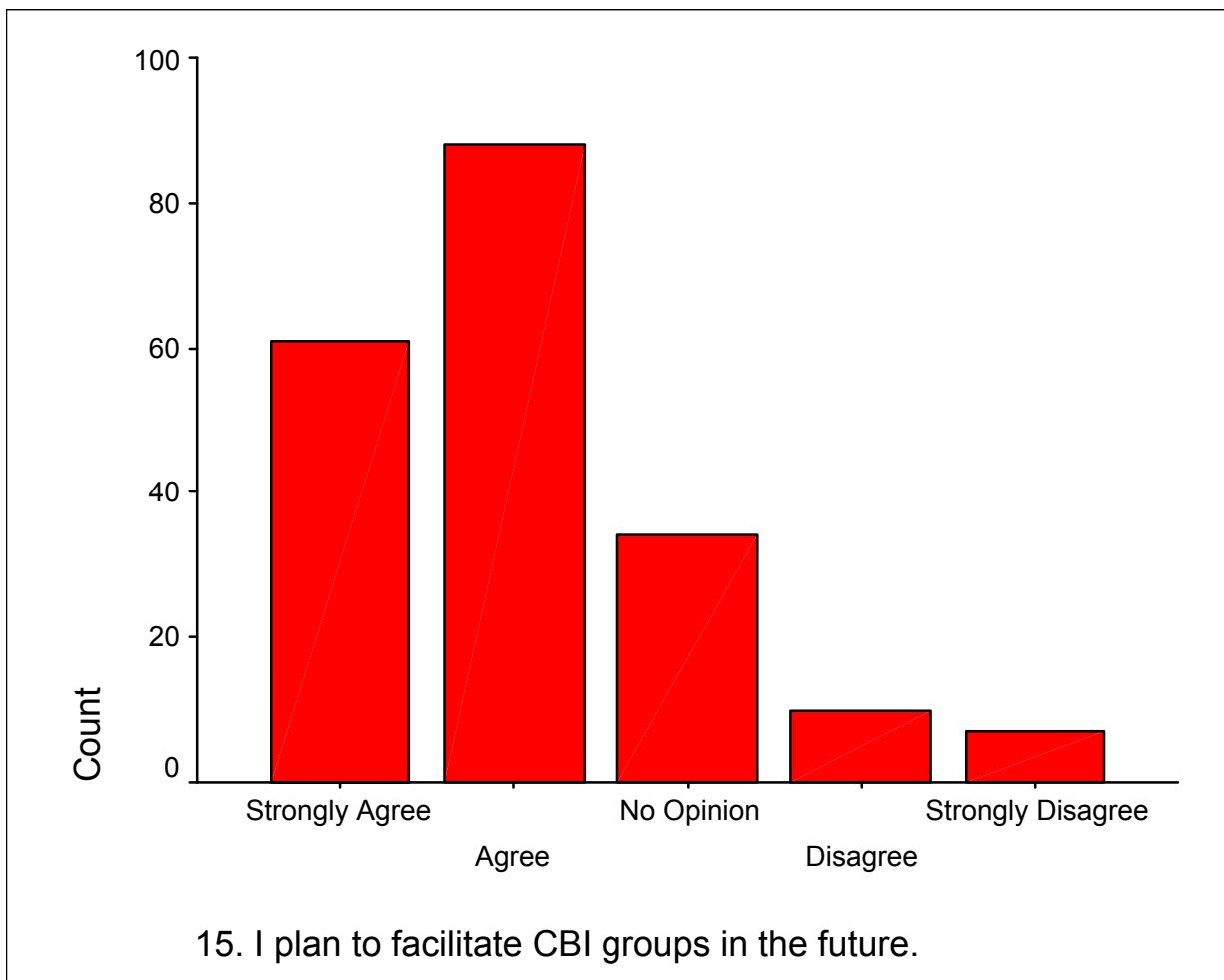
14. I would like to become a CBI Master Trainer.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	41	9.5	20.6	20.6
	Agree	30	7.0	15.1	35.7
	No Opinion	45	10.5	22.6	58.3
	Disagree	31	7.2	15.6	73.9
	Strongly Disagree	42	9.8	21.1	95.0
	Already a Master Trainer	10	2.3	5.0	100.0
	Total	199	46.3	100.0	
Missing	99	6	1.4		
	System	225	52.3		
	Total	231	53.7		
Total		430	100.0		



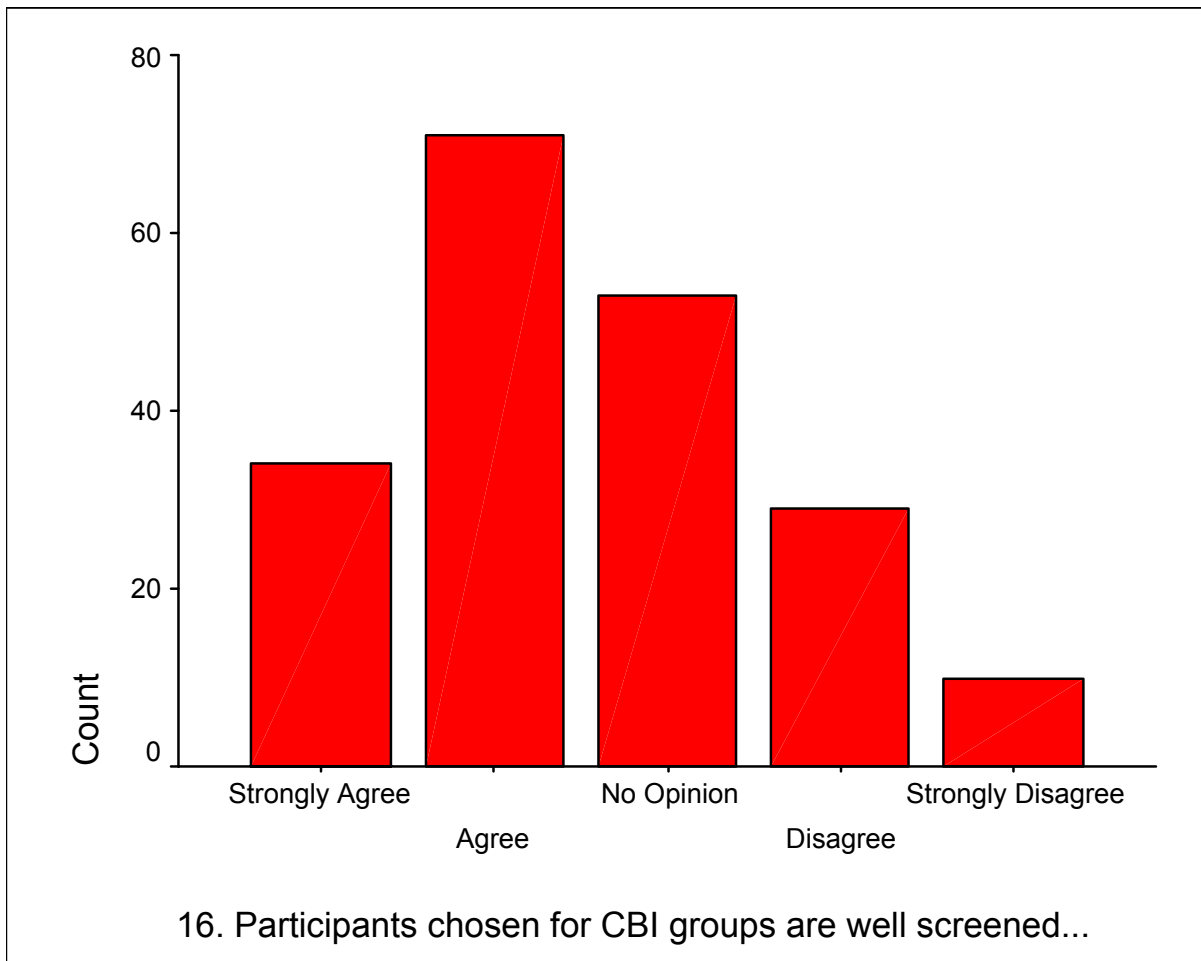
15. I plan to facilitate CBI groups in the future.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	61	14.2	30.5	30.5
	Agree	88	20.5	44.0	74.5
	No Opinion	34	7.9	17.0	91.5
	Disagree	10	2.3	5.0	96.5
	Strongly Disagree	7	1.6	3.5	100.0
	Total	200	46.5	100.0	
Missing	99	5	1.2		
	System	225	52.3		
	Total	230	53.5		
Total		430	100.0		



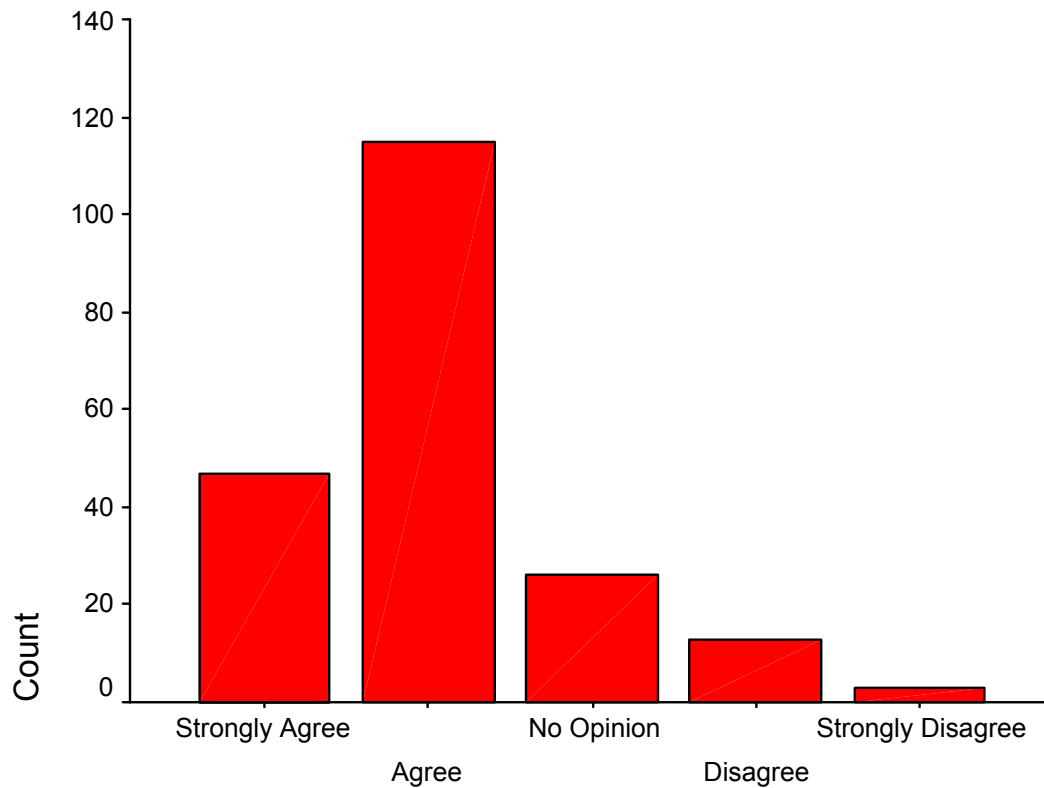
16. Participants chosen for CBI groups are well screened to ensure they are appropriate for the group.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	34	7.9	17.3	17.3
	Agree	71	16.5	36.0	53.3
	No Opinion	53	12.3	26.9	80.2
	Disagree	29	6.7	14.7	94.9
	Strongly Disagree	10	2.3	5.1	100.0
	Total	197	45.8	100.0	
Missing	99	8	1.9		
	System	225	52.3		
	Total	233	54.2		
Total		430	100.0		



17. I use CBI techniques and skills in my own personal life.

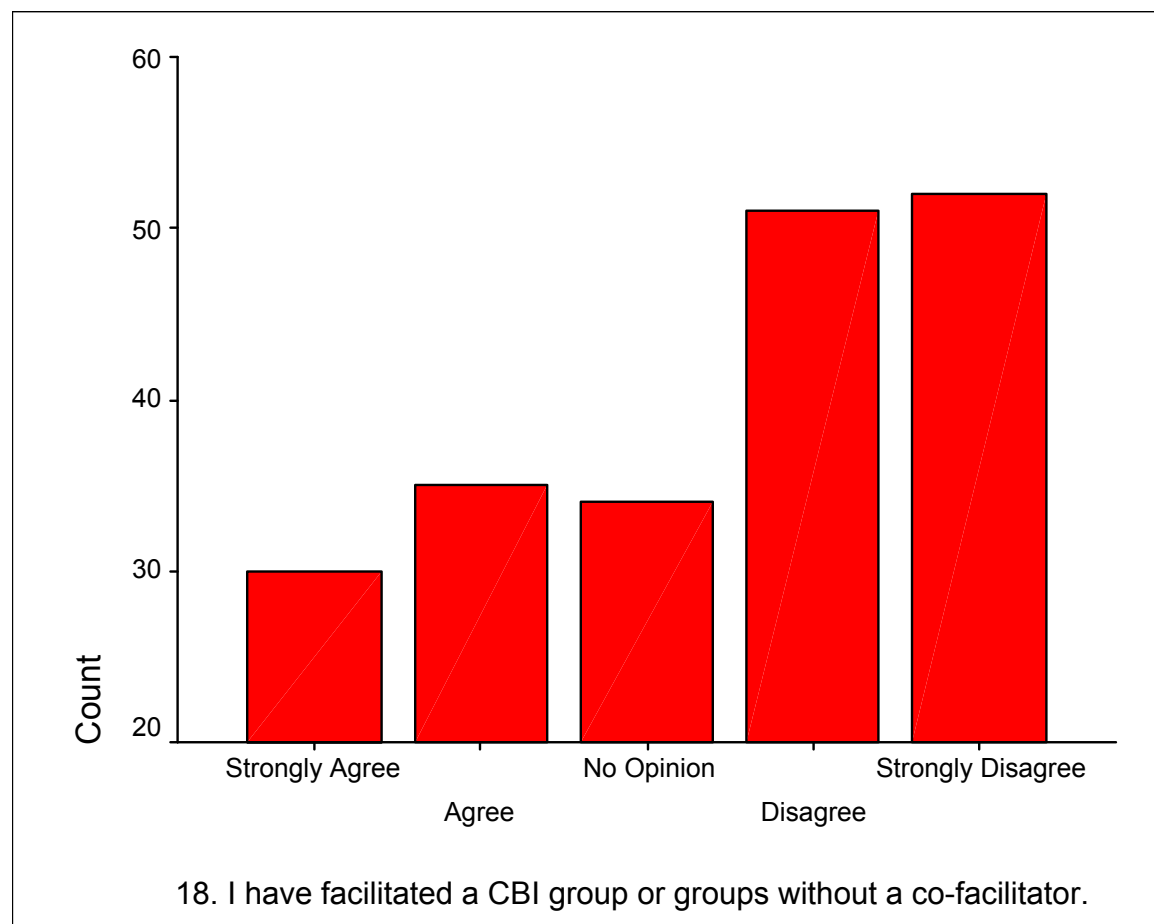
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	47	10.9	23.0	23.0
	Agree	115	26.7	56.4	79.4
	No Opinion	26	6.0	12.7	92.2
	Disagree	13	3.0	6.4	98.5
	Strongly Disagree	3	.7	1.5	100.0
	Total	204	47.4	100.0	
Missing	99	1	.2		
	System	225	52.3		
	Total	226	52.6		
Total		430	100.0		



17. I use CBI techniques and skills in my own personal life.

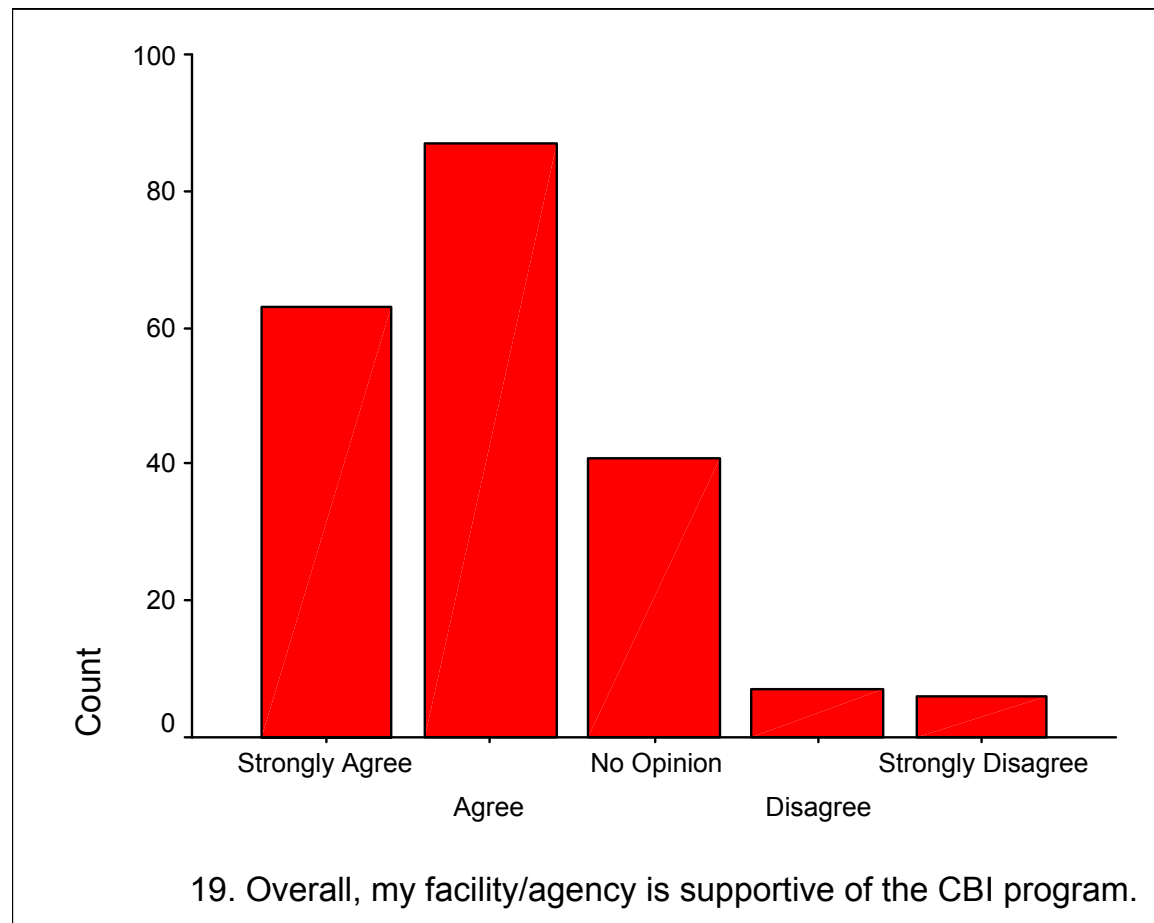
18. I have facilitated a CBI group or groups without a co-facilitator (by myself).

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	30	7.0	14.9	14.9
	Agree	35	8.1	17.3	32.2
	No Opinion	34	7.9	16.8	49.0
	Disagree	51	11.9	25.2	74.3
	Strongly Disagree	52	12.1	25.7	100.0
	Total	202	47.0	100.0	
Missing	99	3	.7		
	System	225	52.3		
	Total	228	53.0		
Total		430	100.0		



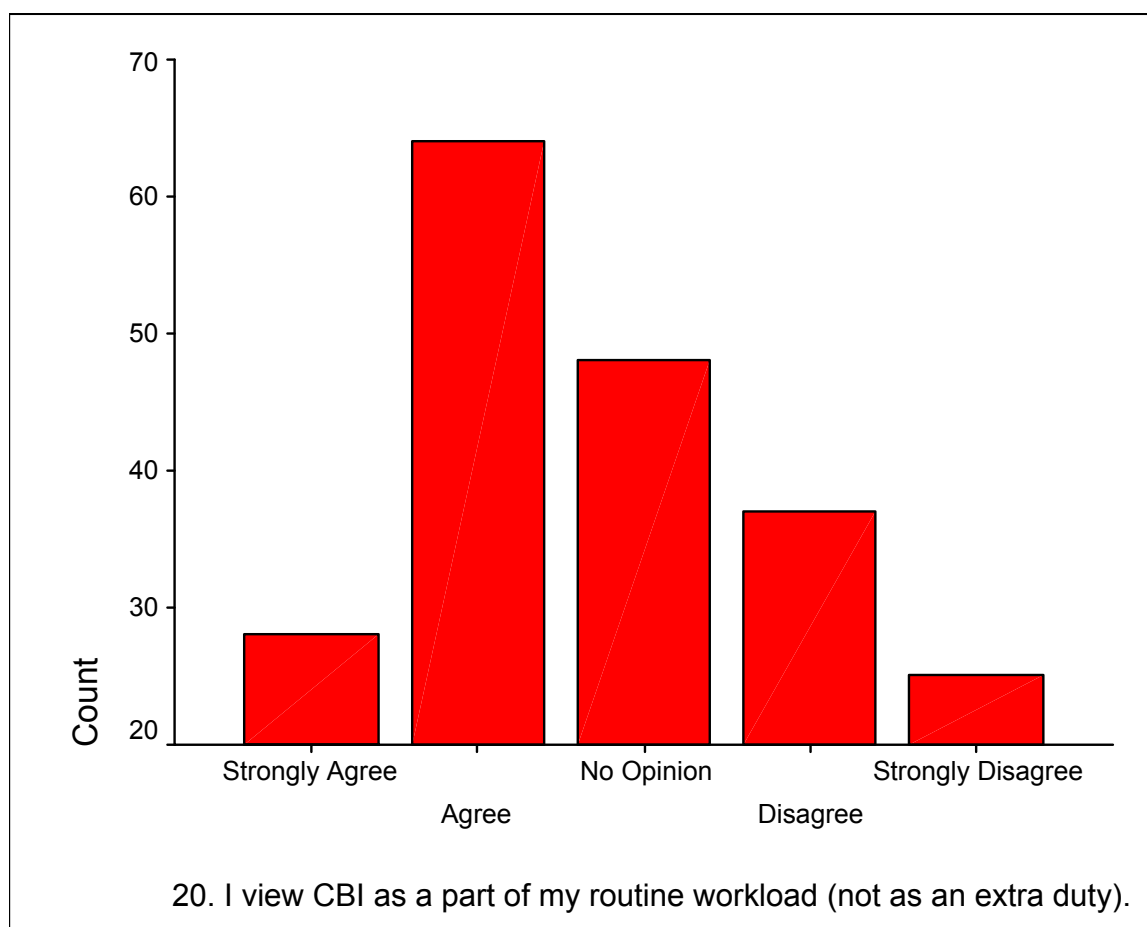
19. Overall, my facility/agency is supportive of the CBI program.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	63	14.7	30.9	30.9
	Agree	87	20.2	42.6	73.5
	No Opinion	41	9.5	20.1	93.6
	Disagree	7	1.6	3.4	97.1
	Strongly Disagree	6	1.4	2.9	100.0
	Total	204	47.4	100.0	
Missing	99	1	.2		
	System	225	52.3		
	Total	226	52.6		
Total		430	100.0		



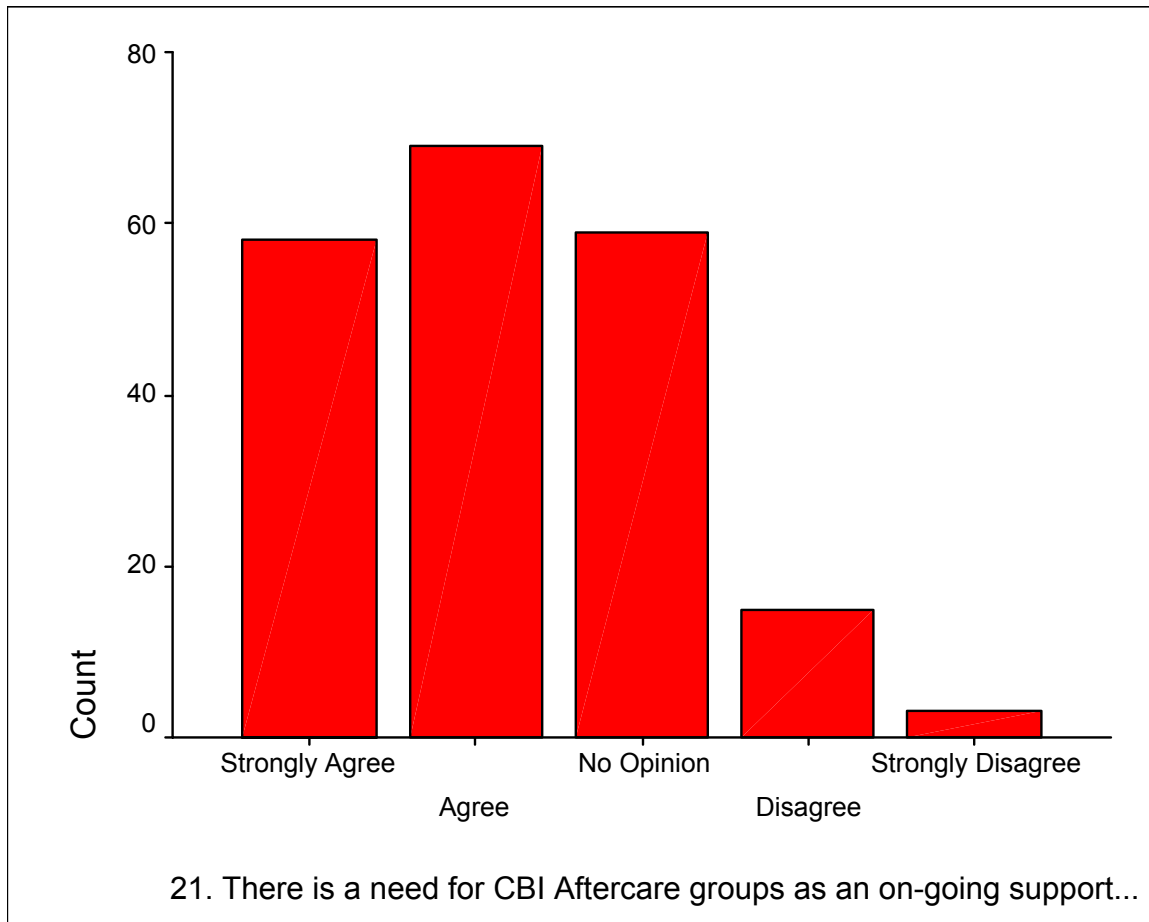
20. I view CBI as a part of my routine workload (not as an extra duty).

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	28	6.5	13.9	13.9
	Agree	64	14.9	31.7	45.5
	No Opinion	48	11.2	23.8	69.3
	Disagree	37	8.6	18.3	87.6
	Strongly Disagree	25	5.8	12.4	100.0
	Total	202	47.0	100.0	
Missing	99	3	.7		
	System	225	52.3		
	Total	228	53.0		
Total		430	100.0		



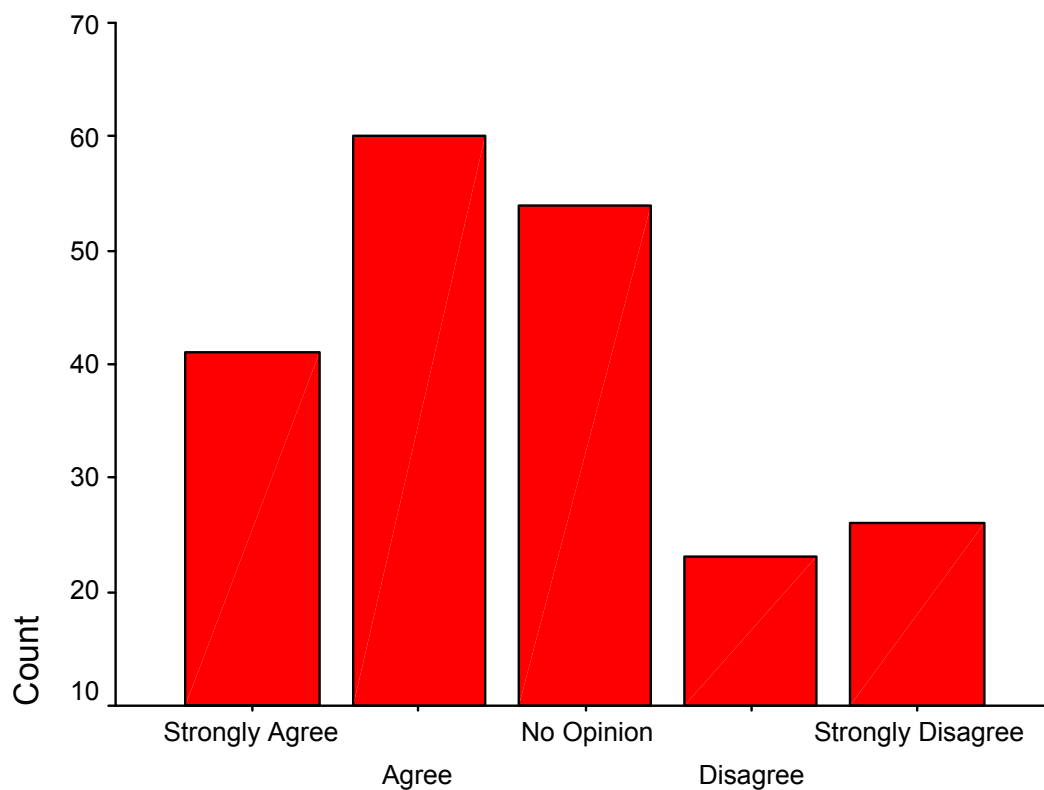
21. There is a need for CBI Aftercare groups as an on-going support for participants who have completed the initial CBI program.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	58	13.5	28.4	28.4
	Agree	69	16.0	33.8	62.3
	No Opinion	59	13.7	28.9	91.2
	Disagree	15	3.5	7.4	98.5
	Strongly Disagree	3	.7	1.5	100.0
	Total	204	47.4	100.0	
Missing	99	1	.2		
	System	225	52.3		
	Total	226	52.6		
Total		430	100.0		



22. I would be interested in facilitating a CBI Aftercare group.

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Strongly Agree	41	9.5	20.1	20.1
	Agree	60	14.0	29.4	49.5
	No Opinion	54	12.6	26.5	76.0
	Disagree	23	5.3	11.3	87.3
	Strongly Disagree	26	6.0	12.7	100.0
	Total	204	47.4	100.0	
Missing	99	1	.2		
	System	225	52.3		
	Total	226	52.6		
Total		430	100.0		



22. I would be interested in facilitating a CBI Aftercare group.

CBI Facilitator Questionnaire – Division of Prisons Results

Of the 90 questionnaires sent out within the Division of Prisons (DOP), 50 persons (56%) responded.

The following are the DOP staff responses to the CBI Facilitator Questionnaire:

- * Missing "99" = response not provided by respondent
- * Missing "System" = Survey not completed by facilitator

1. How long have you been a trained CBI facilitator?

Response		Frequency	Valid Percent
Valid	Less than 6 months	5	10.2
	6 - 12 months	5	10.2
	13 - 18 months	1	2.0
	19 - 24 months	9	18.4
	25 - 36 months	12	24.5
	More than 36 months	17	34.7
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

2. How were you selected to become a CBI facilitator?

Response		Frequency	Valid Percent
Valid	Volunteered	5	10.2
	Chosen by employer/facility	41	83.7
	Other	3	6.1
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

3. What is your highest educational level?

Response		Frequency	Valid Percent
Valid	High School Graduate/GED	1	2.0
	Some College	14	28.6
	Associate's Degree	5	10.2
	Bachelor's Degree	19	38.8
	Some Post Graduate School	6	12.2
	Master's Degree	4	8.2
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

4. How many CBI groups have you facilitated?

Response		Frequency	Valid Percent
Valid	None	8	16.0
	One group	3	6.0
	2 - 5 groups	24	48.0
	6 - 10 groups	10	20.0
	11 - 15 groups	2	4.0
	16 or more groups	3	6.0
	Total	50	100.0
Missing	System	40	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

5. How long has it been since you last facilitated a CBI group?

Response		Frequency	Valid Percent
Valid	Currently facilitating a group	15	30.0
	Less than 6 months	14	28.0
	6 - 12 months	4	8.0
	13 - 18 months	4	8.0
	19 - 24 months	3	6.0
	15 - 36 months	2	4.0
	Never	8	16.0
	Total	50	100.0
Missing	System	40	
Total		90	

6. Have you conducted a CBI orientation for your agency or facility?

Response		Frequency	Valid Percent
Valid	Yes	14	29.2
	No	34	70.8
	Total	48	100.0
Missing	99	2	
	System	40	
	Total	42	
Total		90	

7. What type CBI group(s) have you facilitated?

Response		Frequency	Valid Percent
Valid	Thinking for a Change	41	82.0
	None	8	16.0
	TFAC + R & R + PSSA + C & C	1	2.0
	Total	50	100.0
Missing	System	40	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

8. Would you be interested in attending a facilitator's refresher course?

Response		Frequency	Valid Percent
Valid	Yes	36	72.0
	No	14	28.0
	Total	50	100.0
Missing	System	40	
Total		90	

9. In what CBI concepts are you the most knowledgeable?

		Frequency	Valid Percent
Valid	Unknown	3	7.0
	Problem Solving	6	14.0
	TFAC	8	18.6
	Changing Negative Behavior	1	2.3
	Social Skills + Self Change	1	2.3
	Social Skills	6	14.0
	Changing One's Self	1	2.3
	None	2	4.7
	All	5	11.6
	Social Skills + Thinking	1	2.3
	Reports		
	Social Skills + Problem Solving	4	9.3
	Program doesn't have funding for CBI	1	2.3
	Preparing for Stressful Situations	1	2.3
	Problem Solving + Identifying Thoughts	1	2.3
	Thinking Reports	1	2.3
	Thinking Skills	1	2.3
	Total	43	100.0
Missing	99	7	
	System	40	
Total	Total	47	
		90	

CBI Facilitator Questionnaire – Division of Prisons Results

10. In what CBI concepts would you most like additional training or information?

		Frequency	Valid Percent
Valid	Unknown	2	4.8
	Refresher	4	9.5
	TFAC	1	2.4
	All/Any	11	26.2
	None	7	16.7
	Cognitive Self Change	2	4.8
	Reasoning & Rehabilitation + Choices & Changes	1	2.4
	Choices & Consequences	1	2.4
	Problem Solving	6	14.3
	Problem Solving + Choices & Changes	1	2.4
	Problem Solving + Conflict Cycles	1	2.4
	Getting Inmates to Role Play & Share Experiences	1	2.4
	Thinking Skills	1	2.4
	Reasoning & Rehabilitation	1	2.4
	Dealing with Resistance in the Classroom	1	2.4
	Problem Solving + Assertiveness		
	Training + Reasoning & Rehab	1	2.4
	Total	42	100.0
Missing	99	8	
	System	40	
	Total	48	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

11. I have been adequately trained to facilitate CBI groups.

Response		Frequency	Valid Percent
Valid	Strongly Agree	13	26.5
	Agree	30	61.2
	No Opinion	3	6.1
	Disagree	3	6.1
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

12. CBI makes a positive difference in participants' thinking and behavior.

Response		Frequency	Valid Percent
Valid	Strongly Agree	11	22.4
	Agree	26	53.1
	No Opinion	8	16.3
	Disagree	3	6.1
	Strongly Disagree	1	2.0
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

13. I feel comfortable facilitating a CBI group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	11	22.4
	Agree	26	53.1
	No Opinion	7	14.3
	Disagree	2	4.1
	Strongly Disagree	3	6.1
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

14. I would like to become a CBI Master Trainer.

Response		Frequency	Valid Percent
Valid	Strongly Agree	13	26.5
	Agree	7	14.3
	No Opinion	8	16.3
	Disagree	5	10.2
	Strongly Disagree	12	24.5
	Already a Master Trainer	4	8.2
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

15. I plan to facilitate CBI groups in the future.

Response		Frequency	Valid Percent
Valid	Strongly Agree	16	33.3
	Agree	20	41.7
	No Opinion	8	16.7
	Disagree	3	6.3
	Strongly Disagree	1	2.1
	Total	48	100.0
Missing	99	2	
	System	40	
	Total	42	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

16. Participants chosen for CBI groups are well screened to ensure they are appropriate for the group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	18	36.7
	Agree	19	38.8
	No Opinion	7	14.3
	Disagree	4	8.2
	Strongly Disagree	1	2.0
	Total	49	100.0
Missing	99	1	
	System	40	
	Total	41	
Total		90	

17. I use CBI techniques and skills in my own personal life.

Response		Frequency	Valid Percent
Valid	Strongly Agree	12	24.0
	Agree	32	64.0
	No Opinion	4	8.0
	Disagree	1	2.0
	Strongly Disagree	1	2.0
	Total	50	100.0
Missing	System	40	
Total		90	

18. I have facilitated a CBI group or groups without a co-facilitator (by myself).

Response		Frequency	Valid Percent
Valid	Strongly Agree	8	16.0
	Agree	16	32.0
	No Opinion	5	10.0
	Disagree	7	14.0
	Strongly Disagree	14	28.0
	Total	50	100.0
Missing	System	40	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

19. Overall, my facility/agency is supportive of the CBI program.

Response		Frequency	Valid Percent
Valid	Strongly Agree	18	36.0
	Agree	22	44.0
	No Opinion	10	20.0
	Total	50	100.0
Missing	System	40	
Total		90	

20. I view CBI as a part of my routine workload (not as an extra duty).

Response		Frequency	Valid Percent
Valid	Strongly Agree	9	18.0
	Agree	20	40.0
	No Opinion	8	16.0
	Disagree	7	14.0
	Strongly Disagree	6	12.0
	Total	50	100.0
Missing	System	40	
Total		90	

21. There is a need for CBI Aftercare groups as an on-going support for participants who have completed the initial CBI program.

Response		Frequency	Valid Percent
Valid	Strongly Agree	19	38.0
	Agree	17	34.0
	No Opinion	7	14.0
	Disagree	5	10.0
	Strongly Disagree	2	4.0
	Total	50	100.0
Missing	System	40	
Total		90	

CBI Facilitator Questionnaire – Division of Prisons Results

22. I would be interested in facilitating a CBI Aftercare group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	14	28.0
	Agree	13	26.0
	No Opinion	6	12.0
	Disagree	10	20.0
	Strongly Disagree	7	14.0
	Total	50	100.0
Missing	System	40	
Total		90	

CBI Facilitator Questionnaire – Division of Community Corrections Results

Of the 168 questionnaires sent out within the Division of Community Corrections (DCC), 83 persons (49%) responded.

The following are the DCC staff responses to the CBI Facilitator Questionnaire:

* Missing "99" = response not provided by respondent

* Missing "System" = Survey not completed by facilitator

1. How long have you been a trained CBI facilitator?

Response		Frequency	Valid Percent
Valid	Less than 6 months	14	17.1
	6 - 12 months	12	14.6
	13 - 18 months	13	15.9
	19 - 24 months	13	15.9
	25 - 36 months	18	22.0
	More than 36 months	12	14.6
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

2. How were you selected to become a CBI facilitator?

Response		Frequency	Valid Percent
Valid	Volunteered	33	39.8
	Chosen by employer/facility	47	56.6
	Other	3	3.6
	Total	83	100.0
Missing	System	85	
	Total	168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

3. What is your highest educational level?

Response		Frequency	Valid Percent
Valid	High School Graduate/GED	1	1.2
	Some College	2	2.4
	Bachelor's Degree	72	86.7
	Some Post Graduate School	3	3.6
	Master's Degree	5	6.0
	Total	83	100.0
Missing	System	85	
Total		168	

4. How many CBI groups have you facilitated?

Response		Frequency	Valid Percent
Valid	None	40	48.2
	One group	8	9.6
	2 - 5 groups	27	32.5
	6 - 10 groups	6	7.2
	11 - 15 groups	1	1.2
	16 or more groups	1	1.2
	Total	83	100.0
Missing	System	85	
Total		168	

5. How long has it been since you last facilitated a CBI group?

Response		Frequency	Valid Percent
Valid	Currently facilitating a group	3	3.7
	Less than 6 months	10	12.2
	6 - 12 months	21	25.6
	13 - 18 months	9	11.0
	19 - 24 months	1	1.2
	Never	38	46.3
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

6. Have you conducted a CBI orientation for your agency or facility?

Response		Frequency	Valid Percent
Valid	Yes	12	14.6
	No	70	85.4
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

7. What type CBI group(s) have you facilitated?

Response		Frequency	Valid Percent
Valid	Thinking for a Change	42	51.2
	None	37	45.1
	TFAC + PSSA	2	2.4
	PSSA + Choices & Changes	1	1.2
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

8. Would you be interested in attending a facilitator's refresher course?

Response		Frequency	Valid Percent
Valid	Yes	47	57.3
	No	35	42.7
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

9. In what CBI concepts are you the most knowledgeable?

Response		Frequency	Valid Percent
Valid	Unknown	8	14.3
	Problem Solving	6	10.7
	TFAC	7	12.5
	Social Skills + Self Change	1	1.8
	Social Skills	8	14.3
	None	11	19.6
	All	3	5.4
	Cognitive Self Change	1	1.8
	Social Skills + Thinking Reports	2	3.6
	Active Listening	1	1.8
	Social Skills + Conflict Cycles	1	1.8
	Thinking Leads to Behavior	2	3.6
	Taking Responsibility for Own Actions	1	1.8
	Still Brand New	1	1.8
	Thinking Ahead to Outcomes	1	1.8
	I am a Master Trainer	1	1.8
	Internal Control	1	1.8
	Total	56	100.0
Missing	99	27	
	System	85	
	Total	112	
Total		168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

10. In what CBI concepts would you most like additional training or information?

Response		Frequency	Valid Percent
Valid	Unknown	5	10.0
	Refresher	2	4.0
	TFAC	1	2.0
	All/Any	12	24.0
	None	10	20.0
	Cognitive Self Change	1	2.0
	Reasoning & Rehabilitation + Choices & Changes	1	2.0
	Problem Solving	9	18.0
	Responding to Anger	1	2.0
	Master Training	1	2.0
	Responding to Anger + Taking Responsibility for Own Actions	1	2.0
	Problem Solving + Cognitive Behavior	1	2.0
	All Officers Should be Trained in CBI	1	2.0
	Thinking Skills	1	2.0
	Preparing for Stressful Conversation	1	2.0
	Conducting Groups	1	2.0
	Social Skills	1	2.0
	Total	50	100.0
Missing	99	33	
	System	85	
	Total	118	
Total		168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

11. I have been adequately trained to facilitate CBI groups.

Response		Frequency	Valid Percent
Valid	Strongly Agree	18	22.2
	Agree	43	53.1
	No Opinion	8	9.9
	Disagree	11	13.6
	Strongly Disagree	1	1.2
	Total	81	100.0
Missing	99	2	
	System	85	
	Total	87	
Total		168	

12. CBI makes a positive difference in participants' thinking and behavior.

Response		Frequency	Valid Percent
Valid	Strongly Agree	15	18.5
	Agree	38	46.9
	No Opinion	22	27.2
	Disagree	4	4.9
	Strongly Disagree	2	2.5
	Total	81	100.0
Missing	99	2	
	System	85	
	Total	87	
Total		168	

13. I feel comfortable facilitating a CBI group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	18	22.2
	Agree	34	42.0
	No Opinion	11	13.6
	Disagree	12	14.8
	Strongly Disagree	6	7.4
	Total	81	100.0
Missing	99	2	
	System	85	
	Total	87	
Total		168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

14. I would like to become a CBI Master Trainer.

Response		Frequency	Valid Percent
Valid	Strongly Agree	8	10.0
	Agree	10	12.5
	No Opinion	21	26.3
	Disagree	18	22.5
	Strongly Disagree	19	23.8
	Already a Master Trainer	4	5.0
	Total	80	100.0
Missing	99	3	
	System	85	
	Total	88	
Total		168	

15. I plan to facilitate CBI groups in the future.

Response		Frequency	Valid Percent
Valid	Strongly Agree	20	24.7
	Agree	33	40.7
	No Opinion	20	24.7
	Disagree	4	4.9
	Strongly Disagree	4	4.9
	Total	81	100.0
Missing	99	2	
	System	85	
	Total	87	
Total		168	

16. Participants chosen for CBI groups are well screened to ensure they are appropriate for the group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	6	7.6
	Agree	22	27.8
	No Opinion	27	34.2
	Disagree	17	21.5
	Strongly Disagree	7	8.9
	Total	79	100.0
Missing	99	4	
	System	85	
	Total	89	
Total		168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

17. I use CBI techniques and skills in my own personal life.

Response		Frequency	Valid Percent
Valid	Strongly Agree	11	13.4
	Agree	47	57.3
	No Opinion	15	18.3
	Disagree	8	9.8
	Strongly Disagree	1	1.2
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

18. I have facilitated a CBI group or groups without a co-facilitator (by myself).

Response		Frequency	Valid Percent
Valid	Strongly Agree	8	9.9
	Agree	8	9.9
	No Opinion	16	19.8
	Disagree	25	30.9
	Strongly Disagree	24	29.6
	Total	81	100.0
Missing	99	2	
	System	85	
	Total	87	
Total		168	

19. Overall, my facility/agency is supportive of the CBI program.

Response		Frequency	Valid Percent
Valid	Strongly Agree	16	19.5
	Agree	34	41.5
	No Opinion	20	24.4
	Disagree	7	8.5
	Strongly Disagree	5	6.1
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

CBI Facilitator Questionnaire – Division of Community Corrections Results

20. I view CBI as a part of my routine workload (not as an extra duty).

	Response	Frequency	Valid Percent
Valid	Strongly Agree	6	7.3
	Agree	20	24.4
	No Opinion	21	25.6
	Disagree	19	23.2
	Strongly Disagree	16	19.5
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

21. There is a need for CBI Aftercare groups as an on-going support for participants who have completed the initial CBI program.

	Response	Frequency	Valid Percent
Valid	Strongly Agree	19	23.2
	Agree	28	34.1
	No Opinion	28	34.1
	Disagree	6	7.3
	Strongly Disagree	1	1.2
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

22. I would be interested in facilitating a CBI Aftercare group.

	Response	Frequency	Valid Percent
Valid	Strongly Agree	12	14.6
	Agree	22	26.8
	No Opinion	26	31.7
	Disagree	9	11.0
	Strongly Disagree	13	15.9
	Total	82	100.0
Missing	99	1	
	System	85	
	Total	86	
Total		168	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

Of the 39 questionnaires sent out within the Division of Alcoholism and Chemical Dependency Programs (DACDP) 21 persons (54%) responded.

The following are the DACDP staff responses to the CBI Facilitator Questionnaire.:

* Missing "99" = response not provided by respondent

* Missing "System" = Survey not completed by facilitator

1. How long have you been a trained CBI facilitator?

Response		Frequency	Valid Percent
Valid	Less than 6 months	4	22.2
	6 - 12 months	8	44.4
	13 - 18 months	4	22.2
	19 - 24 months	2	11.1
	Total	18	100.0
Missing	System	21	
Total		39	

2. How were you selected to become a CBI facilitator?

Response		Frequency	Valid Percent
Valid	Volunteered	4	22.2
	Chosen by employer/facility	14	77.8
	Total	18	100.0
Missing	System	21	
Total		39	

3. What is your highest educational level?

Response		Frequency	Valid Percent
Valid	Some College	7	38.9
	Bachelor's Degree	4	22.2
	Some Post Graduate School	3	16.7
	Master's Degree	4	22.2
	Total	18	100.0
Missing	System	21	
Total		39	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

4. How many CBI groups have you facilitated?

Response		Frequency	Valid Percent
Valid	None	7	38.9
	One group	4	22.2
	2 - 5 groups	1	5.6
	6 - 10 groups	2	11.1
	11 - 15 groups	2	11.1
	16 or more groups	2	11.1
	Total	18	100.0
Missing	System	21	
Total		39	

5. How long has it been since you last facilitated a CBI group?

Response		Frequency	Valid Percent
Valid	Currently facilitating a group	6	33.3
	Less than 6 months	3	16.7
	6 - 12 months	4	22.2
	Never	5	27.8
	Total	18	100.0
Missing	System	21	
Total		39	

6. Have you conducted a CBI orientation for your agency or facility?

Response		Frequency	Valid Percent
Valid	Yes	4	22.2
	No	14	77.8
	Total	18	100.0
Missing	System	21	
Total		39	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

7. What type CBI group(s) have you facilitated?

Response		Frequency	Valid Percent
Valid	Thinking for a Change	9	50.0
	None	6	33.3
	TFAC + PSSA	2	11.1
	TFAC + PSSA + Choices & Changes	1	5.6
	Total	18	100.0
Missing	System	21	
Total		39	

8. Would you be interested in attending a facilitator's refresher course?

Response		Frequency	Valid Percent
Valid	Yes	17	94.4
	No	1	5.6
	Total	18	100.0
Missing	System	21	
Total		39	

9. In what CBI concepts are you the most knowledgeable?

Response		Frequency	Valid Percent
Valid	Unknown	2	15.4
	Problem Solving	1	7.7
	TFAC	3	23.1
	Social Skills	1	7.7
	All	2	15.4
	Stop & Think	1	7.7
	Thinking Leads to Behavior	1	7.7
	Responding to Other's Feelings	2	15.4
	Total	13	100.0
Missing	99	5	
	System	21	
	Total	26	
Total		39	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

10. In what CBI concepts would you most like additional training or information?

Response		Frequency	Valid Percent
Valid	Unknown	2	18.2
	Refresher	2	18.2
	None	2	18.2
	Reasoning & Rehabilitation + Choices & Changes	2	18.2
	Thinking Skills	1	9.1
	Problem Solving + Responding to Anger	1	9.1
	Understanding the Feelings of Others	1	9.1
	Total	11	100.0
Missing	99	7	
	System	21	
	Total	28	
Total		39	

11. I have been adequately trained to facilitate CBI groups.

Response		Frequency	Valid Percent
Valid	Strongly Agree	5	29.4
	Agree	9	52.9
	No Opinion	1	5.9
	Disagree	2	11.8
	Total	17	100.0
Missing	99	1	
	System	21	
	Total	22	
Total		39	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

12. CBI makes a positive difference in participants' thinking and behavior.

Response		Frequency	Valid Percent
Valid	Strongly Agree	5	29.4
	Agree	11	64.7
	No Opinion	1	5.9
	Total	17	100.0
Missing	99	1	
	System	21	
	Total	22	
Total		39	

13. I feel comfortable facilitating a CBI group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	6	37.5
	Agree	7	43.8
	Disagree	3	18.8
	Total	16	100.0
Missing	99	2	
	System	21	
	Total	23	
Total		39	

14. I would like to become a CBI Master Trainer.

Response		Frequency	Valid Percent
Valid	Strongly Agree	7	41.2
	Agree	5	29.4
	No Opinion	3	17.6
	Strongly Disagree	2	11.8
	Total	17	100.0
Missing	99	1	
	System	21	
	Total	22	
Total		39	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

15. I plan to facilitate CBI groups in the future.

Response		Frequency	Valid Percent
Valid	Strongly Agree	6	35.3
	Agree	9	52.9
	No Opinion	1	5.9
	Strongly Disagree	1	5.9
	Total	17	100.0
Missing	99	1	
	System	21	
	Total	22	
Total		39	

16. Participants chosen for CBI groups are well screened to ensure they are appropriate for the group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	3	18.8
	Agree	6	37.5
	No Opinion	3	18.8
	Disagree	3	18.8
	Strongly Disagree	1	6.3
	Total	16	100.0
Missing	99	2	
	System	21	
	Total	23	
Total		39	

17. I use CBI techniques and skills in my own personal life.

Response		Frequency	Valid Percent
Valid	Strongly Agree	6	33.3
	Agree	10	55.6
	No Opinion	1	5.6
	Strongly Disagree	1	5.6
	Total	18	100.0
Missing	System	21	
Total		39	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

18. I have facilitated a CBI group or groups without a co-facilitator (by myself).

Response		Frequency	Valid Percent
Valid	Strongly Agree	3	16.7
	Agree	4	22.2
	No Opinion	3	16.7
	Disagree	5	27.8
	Strongly Disagree	3	16.7
	Total	18	100.0
Missing	System	21	
Total		39	

19. Overall, my facility/agency is supportive of the CBI program.

Response		Frequency	Valid Percent
Valid	Strongly Agree	14	77.8
	Agree	3	16.7
	No Opinion	1	5.6
	Total	18	100.0
Missing	System	21	
Total		39	

20. I view CBI as a part of my routine workload (not as an extra duty).

Response		Frequency	Valid Percent
Valid	Strongly Agree	4	23.5
	Agree	8	47.1
	No Opinion	1	5.9
	Disagree	4	23.5
	Total	17	100.0
Missing	99	1	
	System	21	
	Total	22	
Total		39	

CBI Facilitator Questionnaire – Division of Alcoholism and Chemical Dependency Programs Results

21. There is a need for CBI Aftercare groups as an on-going support for participants who have completed the initial CBI program.

Response		Frequency	Valid Percent
Valid	Strongly Agree	7	38.9
	Agree	9	50.0
	No Opinion	1	5.6
	Disagree	1	5.6
	Total	18	100.0
Missing	System	21	
Total		39	

22. I would be interested in facilitating a CBI Aftercare group.

Response		Frequency	Valid Percent
Valid	Strongly Agree	6	33.3
	Agree	6	33.3
	No Opinion	4	22.2
	Disagree	2	11.1
	Total	18	100.0
Missing	System	21	
Total		39	

NORTH CAROLINA DEPARTMENT OF CORRECTION
OFFICE OF RESEARCH AND PLANNING
COGNITIVE BEHAVIORAL INTERVENTION
PROGRAM EVALUATION PROJECT
March 2003

CBI Facilitator Questionnaire

As part of a program evaluation of the CBI program, we would like to ask you some questions about your experience with the program.

1. How long have you been a trained CBI facilitator?

<input type="checkbox"/> Less than 6 months	<input type="checkbox"/> 19 month to 24 months
<input type="checkbox"/> 6 months to 12 months	<input type="checkbox"/> 25 months to 36 months
<input type="checkbox"/> 13 months to 18 months	<input type="checkbox"/> More than 36 months

2. How were you selected to become a CBI facilitator?
☐ Volunteered
☐ Chosen by employer/facility
☐ Other, explain _____

3. What is your highest educational level?

<input type="checkbox"/> Some High School	<input type="checkbox"/> Some Post Graduate School
<input type="checkbox"/> High School Graduate/GED	<input type="checkbox"/> Master's Degree
<input type="checkbox"/> Some College	<input type="checkbox"/> Doctorate Degree
<input type="checkbox"/> Bachelor's Degree	

4. How many CBI groups have you facilitated?

<input type="checkbox"/> None	<input type="checkbox"/> 6 – 10 groups
<input type="checkbox"/> One group	<input type="checkbox"/> 11 – 15 groups
<input type="checkbox"/> 2 – 5 groups	<input type="checkbox"/> 16 or more groups

5. How long has it been since you last facilitated a CBI group?

<input type="checkbox"/> Currently Facilitating a Group	<input type="checkbox"/> 19 month to 24 months
<input type="checkbox"/> Less than 6 months	<input type="checkbox"/> 25 months to 36 months
<input type="checkbox"/> 6 months to 12 months	<input type="checkbox"/> More than 36 months
<input type="checkbox"/> 13 months to 18 months	<input type="checkbox"/> Never

6. Have you conducted a CBI orientation for your agency or facility?
☐ Yes
☐ No

7. What type CBI group(s) have you facilitated?

<input type="checkbox"/> Thinking for a Change	<input type="checkbox"/> Choices & Changes
<input type="checkbox"/> Reasoning and Rehabilitation	<input type="checkbox"/> Other, describe _____
<input type="checkbox"/> Problem Solving Skills in Action	<input type="checkbox"/> None

8. Would you be interested in attending a facilitator's refresher course?
☐ Yes
☐ No

9. In what CBI concepts are you the most knowledgeable?

10. In what CBI concepts would you most like additional training or information?

Using the scale below, please circle the answer that best describes your opinion regarding the following statements:

1	2	3	4	5
Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree

11. I have been adequately trained to facilitate CBI groups.

1	2	3	4	5
---	---	---	---	---

12. CBI makes a positive difference in participants' thinking and behavior.

1	2	3	4	5
---	---	---	---	---

13. I feel comfortable facilitating a CBI group.

1	2	3	4	5
---	---	---	---	---

14. I would like to become a CBI Master Trainer.

1	2	3	4	5
---	---	---	---	---

15. I plan to facilitate CBI groups in the future.

1	2	3	4	5
---	---	---	---	---

16. Participants chosen for CBI groups are well screened to ensure they are appropriate for the group.

1	2	3	4	5
---	---	---	---	---

1	2	3	4	5
Strongly Agree	Agree	No Opinion	Disagree	Strongly Disagree

17. I use the CBI techniques and skills in my own personal life.

1 2 3 4 5

18. I have facilitated a CBI group or groups without a co-facilitator (by myself).

1 2 3 4 5

19. Overall, my facility/agency is supportive of the CBI program.

1 2 3 4 5

20. I view CBI as a part of my routine workload (not as an extra duty).

1 2 3 4 5

21. There is a need for CBI Aftercare groups as an on-going support for participants who have completed the initial CBI program.

1 2 3 4 5

22. I would be interested in facilitating a CBI Aftercare group.

1 2 3 4 5

Please return completed questionnaire to:

Charlotte A. Price
N. C. Department of Correction
Office of Research and Planning
4221 MSC, Raleigh, NC 27699-4221

Courier # 53-71-00

cprice@doc.state.nc.us
919-716-3092